

# Vantage

# Trekking to the Future!

Ginny Baxter, Program Vice President

AAUW of California member Marie Wolbach founded Tech Trek in 1998 with the help of an AAUW Community Action Grant. Today AAUW Tech Trek operates at 22 different sites around the nation. A 2013 survey of AAUW Tech Trek alumnae from California demonstrates



the program's lasting effects on many levels, including interest and confidence in STEM fields, decision to pursue those fields, and future career plans.

Through hands-on problem

solving and encounters with women role models in science, technology, engineering, and math (STEM), AAUW Tech Trek helps girls see their futures while having nonstop fun. This one-week summer camp is backed by AAUW's research and designed to make STEM fields exciting and accessible to girls in middle school — the age when girls' participation in these fields statistically drops. For many girls, the weeklong camp sparks their curiosity and places them on a path toward success.

Our annual Tech Trek fundraiser will be held at the January Branch meeting. In addition to our speaker, Rachel Thomson, we hope to have other past Tech Trekkers at the meeting to share a bit about their experience at camp.

Your donations are welcome. Checks should be made out to: AAUW –CA SPF with Tech Trek on the memo line. Those who wish to mail your donation may send your check to Linda Patten at 19615 Jefferey Circle, Cerritos, CA 90703.

So, bring your checkbooks and your always-generous hearts on January 4<sup>th</sup>! See you at the Golden Sails Inn.

### January 2020 Volume 49, Issue 5

#### **AAUW Mission:**

To advance gender equity for women and girls through research, education, and advocacy.

#### **AAUW Vision:**

Equity for all.

### **AAUW Values:**

Nonpartisan. Fact-based.

Integrity.

Inclusion and Intersectionality.

### **AAUW Diversity Statement:**

In principle and in practice,
AAUW values and seeks an inclusive membership, workforce, leadership team and board of directors. There shall be no barriers to full participation on the basis of age, disability, gender, location, national origin, race, religion, sexual orientation, or socioeconomic status.

No one can go back in time and make a brand new beginning, but anyone can start from now and make a brand new ending.

New Decade, Same Equity Challenges: We need AAUW more than ever in 2020!



Power inequity is still with us at the top of our political leadership ladder – there are 435 members of the House of Representatives, 101 are women (23%) and 43 are women of color (10%). Of the 100 US Senators, 25 are women (25%) and there are 4 women of color (4%). Electing more women to these seats would have the potential to increase economic equity, access to health care (at any age), voting rights and reproductive rights. The lack of adequate female representation in leadership roles

holds not just women back, it holds the country back. Also, racism, sexism and economic barriers to success hold us all back.

Educational, economic and racial inequities can be blamed on men who deny women access to educational opportunities and top dollar jobs, especially when women are perceived as threats to the patriarchy of men in power. Girls and women should have the same opportunities afforded to men beginning in the early years on Student Councils, community-based leadership opportunities, and on up to the Forbes 500 Boards of Directors. Patriarchy, in and of itself, contributes to the belief that entitlement based on male gender legitimizes power and subordination of women.

Please support AAUW in 2020. AAUW "conducts groundbreaking research on issues related to gender equity in education and the workplace. Our work influences the national discussion on topics like the pay gap between women and men, sexual harassment in schools and on college campuses, and the un-

### **Calendar Dates to Note**

Monday, Dec . 22—Start of Hanukkah
Wednesday, Dec. 25—Christmas Day
Saturday, Jan. 4—Branch Meeting /Tech Trek
Sunday. Jan 12—LACIC Meeting
Monday, Jan. 27—Full Board meeting \*

\*Changed date from 1/13/20

### **Contact Us**

aauwlongbeach@gmail.com
www.longbeach-ca.aauw.net
www.facebook.com/aauwlongbeachca

#### **AAUW Work Smart**

Live: salary.aauw.org/longbeach

For Vantage info:

Rebecca Low rlow1@hotmail.com

derrepresentation of women in science and engineering. Through new and traditional media, targeted outreach to policymakers, and member efforts, AAUW research serves as a catalyst for action."

"With the new day comes new strength and new thoughts." – Eleanor Roosevelt



### NOW on MEETUP!

We started a group on Meetup.com to increase visibility and attract new members. The name of the group is "American

Association of University Women (AAUW)\* Social Club\*". Our goal is to use Meetup.com to expose our branch and events to over 35 million meetup members, and millions more people who search the web for groups to join. We are already posting our events on the site. Contact Alicia Dorko dorko1121@gmail.com Take a look and sign up to support us. Encourage friends to check it out! <a href="https://www.meetup.com/American-Association-of-University-Women-Long-Beach/">https://www.meetup.com/American-Association-of-University-Women-Long-Beach/</a>

# STEM Career Conference 2020 by Mary Lamo, Frances Rozner & Raquel Sanchez



On February 28, 2020, AAUW LB will be hosting 250 7th and 8th grade middle school girls at our 17th Annual STEM Career Conference. The conference is meant to introduce middle school girls to careers in STEM by engaging them in interactive workshops led by women in the industry. There will be seven middle schools from the Long Beach Unified School District that will be bussed to the Long Beach City College, Liberal Arts Campus. The girls in attendance are selected because of their merit and aptitude in STEM classes.

The conference is made possible by our generous spon-

sors. This year's confirmed returning sponsors are AES, Port of Long Beach, Long Beach Water Dept and TABC/Toyota; and new confirmed sponsor is Society of Military Engineers Orange County Post (SAME OC). We are still seeking sponsorships to help cover some of the budgeted expenses; please contact Frances Rozner (francesrozner@gmail.com) with any leads.

There are still ways that you can help make this conference exceptional!

- 1) Volunteer at one of many positions by signing up with Darlene Daclan, STEM Volunteer Chair (darlene daclan@yahoo.com).
- 2) Help by finding items for goodie bags for our 250 attendees. Do you know a company who would like to donate small items such as lip balm, pens, note pads, etc.? If you need assistance with asking for in-kind donations or in picking up a donation, please contact Deloris Mayuga, STEM Program Chair (dmayuga@verizon.net).

Save the Date: February 28, 2020.

Your volunteer efforts are critical to the success of this event. Thank you!

# **Public Policy**

by Arnedra Jordan, Public Policy Chair



2020 is nearly upon us, and it is going to be an eventful year... we will celebrate the 100th anniversary of women getting the right to vote, as well as the most important election in our lifetime where issues that matter the most to us are at risk. Primary elections are coming up March 3. Now is the time that your Public Policy Team will begin planning opportunities for you to hear from candidates running for office. How will we approach the next candidate race? By helping with voter registration and educating voters with a nonpartisan approach.

### **Voter Registration**

AAUW CA is well positioned to undertake voter registration, especially with our college/university relationships. Millennial women are an important target group. Research shows that a lack of information on the candidates and a lack of policy debates on issues of importance is the main reason some millennial women don't participate in the election process and may not even register to vote.

#### Voter Education

AAUW aims to increase women's political influence and educate voters on issues that are important to women and girls. These targeted efforts help increase the number of women voting.

If you would like to join the Public Policy Team, we meet the 2nd Tuesday of each month. A 2020 calendar along with the location will be sent out in an email in the 1st week of January.

If you have any questions please do not hesitate to contact Arnedra Jordan, Public Policy Director at ajordan6@my.keller.edu or at 310 722 6594.

# AAUW Work Smart

by Mary Lamo, Frances Rozner & Sharon Westafer



We look forward to sharing with you in the next issue the results of the Saturday, **December 14** workshop (as of December 6, we have 10 registered). Hosting the vendor table at the November 21 Long Beach Women's Business Council Luncheon was quite productive for AAUW Work Smart. One of the other vendors, the co-owner of a wealth-management firm, is considering holding a workshop for his female clients in early 2020. The VP of Business Councils for the LB Chamber of Commerce

requested the opportunity to be added to the list of community individuals receiving the workshop flyer so she can distribute it. And we had many women collect flyers at the table.

Now is the time to plan for a workshop open to the public to be held in early February 2020. We need your help to seed the sponsorship pipeline. Do you know of any law firms dealing with employment or businesses owned by women, or men, who are passionate about equality? If you do know of anyone interested in sponsoring or co-sponsoring a workshop (it's a tax-deductible donation), please contact Frances Rozner at francesrozner@gmail.com or 562-773-3427 for the latest details. December is the month to complete our negotiations with AAUW for our 2020 AAUW Work Smart in Long Beach contract and the \$600 cost may lessen, or not.

From January 2019 through November 2019, you contributed to the success of this program – with 8 workshops conducted and 97 individuals trained in how to confidently negotiate their pay and benefits - by spreading the word, volunteering at workshops and even sponsoring. Thank you!!!

# AAUW Fund: American Fellowship

by Sharon Westafer



American Fellowships support women doctoral candidates completing dissertations and scholars seeking funds for postdoctoral research leave or for preparing completed research for publication. Applicants must be U.S. citizens or permanent residents. This month's featured American Fellow is receiving interest money from the Jean Aldrich American Fellowship, which was established by her family, to honor Jean, in 2016. The Endowment was also completed in 2016.

Name: Elizabeth Lenz

Award Year: 2019-20 Award: American Fellowship

**Institution:** University of Hawaii, Manoa Location: Manoa, Hawaii Discipline: Biology

Degree and Specialization: Ph.D., Marine ecology, coral ecophysiology, reproductive biology

**Project Name:** Reproductive Plasticity and Parental Effects in a Hawaiian Reef-Building Coral Under Ocean

Warming

Elizabeth Lenz is broadly interested in marine ecophysiology (i.e., reproductive biology and parental effects). Her Ph.D. focuses on coral sexual reproduction after bleaching events and tests breeding techniques for coral assisted evolution in restoration efforts. In addition to her research, she is a strong advocator for sci-art, science communication and women in science. Recently she organized SymbioSEAS a sci-art exhibit in Honolulu. Lenz coordinates Nerd Nite Honolulu and teaches improv to improve science communication.

Sponsors: 1820 - Hawaii Pacific 1076 - Harriet Maurer 1083 - Anita Miller

4412 - Jean Aldrich American Fellowship (FY 2016)

# Membership Matters

by Dee Dee Catalano, Membership VP

Membership is open to all women (and men!) with an associate's degree or higher from a regionally accredited college or university; or from a professionally recognized institution (such as those that grant Registered Nurse degrees). Student affiliates are eligible if they are enrolled in a two-year or four-year program at a regionally accredited institution.



The AAUW Long Beach Branch celebrated its 100th anniversary in 2011. During the past years, we have supported opportunities for activism and have helped develop programs that promote education and equity, not just for women and girls, but also for the city of Long Beach. Encourage others to join us and be a part of AAUW-Long Beach's dedication to

advancing equity for women and girls through advocacy, education, and research.

\* Contact Dee Dee Catalano at catalanosmith@yahoo.com (562-310-5292) for more information.

# **Great Decisions Discussion Groups**

The three Great Decisions discussion groups will start meeting in February. These interest groups are designed to encourage debate and discussion of important global issues of our

Foreign Policy Association



time. The Great Decisions book highlights eight thought-provoking foreign policy challenges facing America. Each chapter tackles a different challenge facing America today. The program provides materials that help people reach informed decisions and participate in the foreign policy process.

Please order your book by December 15. Make your \$30.00 checks payable to: Rita Powell at the address in your AAUW Yearbook. Groups and locations will be determined by January. The topics for Great Decisions 2020 briefing book have been announced! For more topic information, please visit the website, www.fpa.org or email editorial@fpa.org.

### Rachel Thomson, speaker at the January Branch meeting.



### **LB Branch Funds**

Help us with a Monthly Opportunity Drawing at each Branch meeting. Bring shiny, sparkly, fun Treasures....

### **Buy Tickets!**

Support our Special Projects!

1 Ticket = \$1.00

6 Tickets = \$ 5.00

15 Tickets = \$ 10.00



Names D-H Help by bringing nonwrapped treasures for the Draw in January!

### **Board Meeting November 16, 2019**

The following Motion is being brought by Mary Lamo at the November 16, 2019 Branch Meeting. I move that the Branch Membership accepts the following change to the AAUW Long Beach Standing Rules #5 Membership. Add a new bullet point:

d. The deadline to renew annual membership is June 30. After that date, membership renewals are still welcome. However, since the yearbook editor(s) must meet publishing deadlines, names of members who do not pay dues by August 15th will be omitted from the Yearbook. Members deleted from the Yearbook, who submit dues after the August 15th cutoff, will be reinstated. Their names and contact information will be published in a membership addendum during the new fiscal year.

## THANK YOU! THANK YOU! THANK YOU!

The AAUW Frances Magarian Scholarship Committee thanks you very much for attending and contributing to the successful Author's Luncheon on November 16. The event's



committee worked hard to make it fun and enjoyable and we made a large profit of \$3,665.22. Yeah! This amount goes into the Scholarship account to help further the education of both CSULB and LBCC students.

JoAnn Kuroda, Chair.

### **AAUW Fund 2019**

Thank you to our generous members, for your donations for the AAUW Fund and their contributions to the Scholarship funds for CSULB and LBCC!

Estimated 2019 AAUW Funds donated: \$6,000

+ 2,300 from the October fundraiser

\$8,300 Total

Estimated Scholarship fundraising: \$ 103 September 2019 Door Prize

+ 3,700 from the November Author's Luncheon

\$3,803 Total

### **DID YOU KNOW?**



**Lewette Fitzgerald** was born in Aurora, IL but grew up in Lamont near Chicago. A graduate of the University of Illinois she majored in Interior Design. Her interest and fascination with architectural colors, graphic design and applied arts resulted in a fascinating and varied career working in architectural firms steering clients through the process for a new home from the esthetics to the city codes. Lewette arrived in California in 1993 thinking she and her husband,

Mike, would live in Northern California. However they wound up in Southern California and enjoy the outdoors camping and hiking. She and Mike, who is an Industrial Design Engineer, are both interested in historical buildings. She said joining the Long Beach Heritage Board became a likely focus to foster their interest with the wealth of historical structures in the Long Beach area. She has had an interesting journey to this point so be sure. Be sure to get acquainted with this woman of such varied interests. One more thing, she was first born and her name comes from her dad's name, Lewis.

# BRANCH INTEREST GROUPS

Joining an AAUW members-only interest group (or many) is a great way to get to know other members on a more personal level. Make friends while participating in fun, informative and educational activities. To start a new interest group, submit a description to the President and it will be passed along to the Interest Group Coordinator, for help with implementation.

Reminder: All interest group participants MUST be AAUW Long Beach members. Guests may attend a branch meeting or an interest group a maximum of three times before they are required to join AAUW. Interest groups are for the benefit of AAUW members.



**Book Chat Plus Group** members present the most interesting book they have recently read, film they have seen or the most exciting travel experience they have had. If time allows, all three! Light refreshments are served along with the intriguing conversation. We meet the 1st Tuesday at 10 a.m. Contact **Betty Thompson.** 562 - 430 - 8438 or bettythom@aol.com



**Cultural Adventures Group** plans trips to museums and other points of interest. It is usually a mid-week tour & lunch scheduled several times a year. Join a group that enjoys checking out museums and other cultural interests. Contact **JoAnn Kuroda** at 562-429-6923 or email <a href="mailto:sojoinlb@aol.com">sojoinlb@aol.com</a>



**Great Decisions Group** meets weekly to discuss, share opinions and ideas on a critical global issue. To all Group Members: Great Decisions books will be available starting in December. Planning to participate? please contact your group leader or **Rita Powell** at 562 685 2096.



International Cuisine Group meets and dines at restaurants of different ethnicity in the local area. It is usually scheduled every few months on a Wednesday within an easy drive of LB. Car pooling is an option Come join a group who enjoys unique flavors of the world. Contact Fay Denny at 714-894-0416 or email <a href="mailto:faydenny@yahoo.com">faydenny@yahoo.com</a>.



**Literary Ladies Group** meets to discuss and compare thoughts on a selected book, fiction or non-fiction. The group comes together to hear thoughts and insights from others in the group. Each member takes a turn recommending and leading the group. They meet the 2<sup>nd</sup> Monday of the month at 12:30 p.m. Contact **Sharon Westafer**, 562-493-4749 if interested.

The book selection for January is News of the World by Paulette Jiles



**Public Policy** meetings, explore, discuss and support the active legislative issues of AAUW, which underscore our mission of promoting equity and education for all women and girls. The group passes on knowledge and information to all branch members and encourage them to become involved with AAUW issues. For the next meeting - See article or contact Arnedra Jordan.



Residential Rentals Discussion Group meets the 3rd Wednesday of odd months year round from 10:00-11:30 am. Our meetings are Jan 15, 2020, March 18 and May 20. Anyone with an interest (owner or not) in residential rental is welcome. We cover current landlord/tenant topics, share experiences and work to keep current in the housing industry all in an informal setting. Contact Co-Chairs Ellen Mathis — <a href="mathis@verizon.net">epmathis@verizon.net</a> or Joan Gustafson — <a href="mathis@verizon.net">jwg221@aol.com</a>



**Movie Mavens** enjoy each others company at a movie and then chat about it over coffee afterwards. We are looking for a new leader for this group... Contact the President for info.



**Under the Umbrella Book Group** - The "new" Book Club will meet the 3rd Saturday of the month at 2:00 PM at Bev Krivokapich's home in Los Alamitos. We will read a variety of genres. We have room for more members! Ask Beverly about the titles to be read. Contact Beverly Krivokapich 562-596-1826 or email <a href="mailto:bevkrivo@vahoo.com">bevkrivo@vahoo.com</a>

### INTERNATIONAL CUISINE TASTE THE FOOD OF LEBANON AT THE BABA GHANOUJ RESTAURANT

4276 ATLANTIC AVENUE, LONG BEACH CA 90807

THURSDAY, FEBRUARY 20, 2020 6:30PM Deadline: Feb. 13, 2020

Imagine visions of beef, chicken and lamb kabobs dancing in front of you and tasting the succulent hummus or yogurt dips. Come join others who enjoy eating exotic foods of the world at this delightful Lebanese Restaurant. RSVP: Joan Gustafson at 562-439-3130 or Jwg221@aol.com Carpooling recommended due to limited street parking

### RESERVATION RETURN FORM

Send registration and check payable to AAUW—Long Beach to

Ellen Mathis 63 St Joseph Ave
Long Beach, CA 90803-3158
epmathis@verizon.net or 562-433-6509
(Or: Place envelope/check in mail slot to right of door)

Member Name (s) / Guest

\_\_\_\_\_\_

Amount Enclosed for Meal \_\_\_\_\_

I choose a Vegetarian option

I will pay \$5.00 for meeting / program only

Use PayPal account to send \$\$\$ to

Use PayPal account to send \$\$\$ to aauwlongbeach@gmail.com. Select Send to a Friend so the branch isn't charged a fee.

### **RESERVATION** must be made by Dec. 27

A meal reservation is a financial commitment and refunds shall not be made.

### **AAUW BRANCH MEETING**

Saturday, January 4, 2020

9:30 a.m. Check-in and Mingle

10:00 a.m Business Meeting

11:00 a.m. Program

12:00 Lunch

Place: Golden Sails Inn, 6285 E. PCH, LB 90803

**Meal:** Buffet Luncheon AND dessert. Drinks included. Indicate Vegetarian option with RSVP

Price: \$25.00 per person

Questions about the location?
Contact Charlotte Joseph

Email: importantjoseph@aol.com



### **AAUW-Long Beach Branch**

Send address changes for AAUW Vantage to P O Box 15023, Long Beach, CA 90815 PLEASE PLACE STAMP HERE

