

Vantage

Title IX and the Olympics

Ginny Baxter, Program Vice President

In honor of the recent US Women's Soccer World Gold Cup victory, we're "kicking" off the Fall AAUW program with a presentation by US female Olympians and the Loyola Marymount Women's Athletic Director to





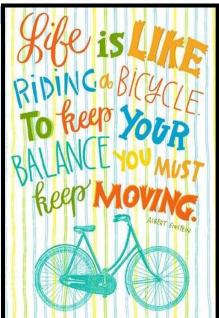


discuss the impact of Title 9 on recent the US Women's Gold Medal Victories. Title IX or 9 is a clause in the Education Amendments of 1972 which states that no one shall be denied benefits of any educational program or activity that receives direct federal aid because of their sex. Because of this legislation, colleges throughout the US drastically changed their funding for women's athletic programs among other areas.

Susie Atwood, Medalist in the 1968 and 1972 Olympics did not have the benefit of this law. Lisa Fernandez, 3-time Gold Medalist in the 1996, 2000 and 2004 Olympics did. They will join Nancy Lyons, currently serving as Senior Associate Athletic Director at Loyola Marymount University. She has enjoyed a multi-faceted career in Intercollegiate Athletics for the past 35 years. Nancy will provide a short history of the implications of Title IX. In addition, come meet our 2019 Long Beach City College and Cal State, Long Beach Scholarship Recipients.

WE ARE STARTING THE PROGRAM at 10:00 am on September 7 to allow Lisa to meet another commitment. Come early for the social and coffee at 9:30 and we will be ready to start the program at 10:00. The scholarship introductions and business meeting will start at 11:00 followed by a buffet lunch at 12:00.

At the Board Retreat we decided to start the business meeting with an "ice breaker." Be prepared to answer, "What was your high school or college sport?" This should be fun and let us get to know each other better!



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AAUW Mission :

To advance gender equity for women and girls through research, education, and advocacy.

AAUW Vision:

Equity for all.

AAUW Values:

Nonpartisan. Fact-based. Integrity. Inclusion and Intersectionality.

AAUW Diversity Statement:

In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team and board of directors. There shall be no barriers to full participation on the basis of age, disability, gender, location, national origin, race, religion, sexual orientation, or socioeconomic status.

From the President

Welcome back from your summer hiatus from AAUW Long Beach! We've missed each other, haven't we?!!

The Board members had a successful Summer Retreat in July and are ready to start the new fiscal year with a bang! Please get ready to roll up your sleeves to help make this work come to fruition. We can't do it without your time, treasures and talents.

The various committees are setting goals to follow our Branch theme of "VISIBILITY" for 2019 - 2020, with the intent of increasing internal member awareness and participation. We will also focus our outreach and collaboration with like-minded community organizations and leaders to increase our external visibility within our neighboring cities. Thank you to all those members who provided information in your Bios about the organizations to which you belong. Strength in numbers allows us to have more clout, while we are building visibility. In doing so, we will, no doubt, attract more new members and increase our special project capacity with additional volunteers and leadership within the Branch.

Speaking of volunteering, please look for signup sheets and the Interest Boards at the Branch meeting to learn where you might be able to lend a hand. Volunteering is a great way to have fun, make friends and contribute to the Branch's success. Some jobs are long term, others are short. Identify where your contributions will do the most good, and then make a commitment to improving the visibility of your Branch.

Getting to know each other better, participating, and collaborating within our communities will help us to develop new partnerships to further the AAUW Mission.

Cultural Adventures 2019-2020

Our committee has suggested the following short distance or local places to visit this year. Carpooling would be a great way to visit them: 1/ Hilbert Museum at Chapman College (which has an exhibit of art collection from Gardena High School until Oct. 19)

2/ The Banning Barracks and Home in Wilmington;

3/ Chen Chinese Art Gallery in Torrance;

4/ Bembridge House in West Long Beach; 5/ An-

nenberg House in Palm Springs and

6/ Temecula Winery with lunch at an Indian Casino.

What exciting ventures to come! Details will be forthcoming in next issues of the Vantage. JoAnn Kuroda

Cultural Adventures Chair



Calendar Dates to Note

Monday, Sept 2—Labor Day

Saturday, Sept. 7—Branch Meeting

Monday, Sept. 16—Executive Mtg @ LBCC

Saturday, Oct. 5—Branch Meeting

Monday, Oct. 21—Full Board Mtg.@ LBCC

Saturday, Nov. 16—Branch Meeting followed by *Author's Luncheon* fundraiser.

Contact Us

aauwlongbeach@gmail.com

www.longbeach-ca.aauw.net

www.facebook.com/aauwlongbeachca

AAUW Work Smart Live: <u>salary.aauw.org/longbeach</u> Online: <u>salary.aauw.org/salary-negotiation</u>

For Vantage info: Rebecca Low rlov

rlow1@hotmail.com

CSULB Scholarships 2019

by Mary Ann Takemoto

Stephany Triska is an international student from Brazil. She is a Political Science major and has been an active and involved student on campus. She is a newly elected senator for Student Government and has served as a Commissioner for international students. She is passionate about women's rights and increasing educational accessibility.

Taryn Williams is a major in Business Administration and is a President's Scholar, McNair Scholar and a senator for the College of Business. She is involved in many community organizations and a strong advocate for students facing homelessness, food insecurity, prior incarceration and foster care.

Both of our Magarian scholarship recipients are outstanding students.

LBCC Scholarships 2019

by Joanne Kuroda

Sarah Kessler

I am a current student in the RN program at Long Beach City College. While I was in High School my father passed away and I found myself needing to help care for my blind mother and work full time while attending school part time. In 2008 I gave birth to my son and fell in love with the human body and strength women find within themselves during the birth process. This led me to become a certified Labor and Postpartum Doula. Prior to starting my journey to becoming an RN I ran my own successful Doula business where I supported expecting parents throughout their pregnancy, labor and birth experience for 10 years. During that time, I developed a passion for serving the women within my Long Beach community by providing them with non-bias, evidence-based childbirth education and hands on support during their labor and birth. I felt very lucky to be able to support my son and help care for my mother by working in a field and being a part of a woman's life during a vulnerable time and it brought me great pride. It also provided me with the chance to witness many nurses working in our local hospitals with the same passion as mine while providing amazing care to my clients.

This is what inspired me to return to school to become a nurse myself. After receiving my ADN at Long Beach City College I plan to continue my education to receive my BSN and eventually become a Certified Nurse Midwife. While I know this goal will not be easy to reach, I know I have the will, determination and work ethic to reach my goals. I am very grateful to AAUW for supporting me on this journey with your generosity of this scholarship and I look forward to meeting AAUW members in the fall.

Kennelly Khem

I am the only daughter to my parents whom are two immigrants from Cambodia. I have three older brothers. I went to Signal Hill Elementary, Nelson Academy, and Long Beach Polytechnic High School. I am a firstgeneration college student. I tutor students in calculus. I have spent some time volunteering at the Urban Community Outreach—we cook and serve food for the homeless and the veterans of Long Beach. I've also done some volunteering at Long Beach Memorial Hospital. During my free time I like to hike, go to the gym or go to the beach, and eat! I have just finished up my six-month internship at an acupuncture doctor's office. I have also just completed my first year of college at LBCC. From there, my current goal is to transfer to UCLA or CSULB to study either physiology or biochemistry. From there I would like to go to medical school and follow my career goal of being an OB/GYN.

Meeting Greeters and **Table Hostesses** are needed to welcome attendees to our regular LB Branch meetings. All that is required is a friendly smile and arriving a bit early to the meeting. Contact Judith Kaho, Hospitality Chair Email: GAKJMK@ aol.com



AAUW Work Smart

by Mary Lamo, Frances Rozner & Sharon Westafer



The Saturday May 18 workshop had 10 participants and the Thursday evening, June 27 workshop had 9 participants. Be proud: 401 have attended our branch AAUW Work Smart workshops. Many thanks to our members who sponsored the June, August (Jeane Caveness and Linda Patten's family business) and October (Raquel Sanchez and Sharon Westafer) workshops so that women's confidence in how to negotiate can be bolstered in a live workshop setting.

AAUW continues to utilize greater digitization. In addition to online evaluations of the workshop, now registrants are recommended to download workbooks to be



printed, or bring their electronic devices to the workshop. It will be interesting to see how this affects the live workshop experience – and what we need to do to accommodate walk-ins. It also affects how we can promote our sponsors and what we might charge for sponsorships in the future. Meanwhile, we have already-printed workbooks to use for the next several workshops, so those of you, and your contacts who registered, are covered for materials.

Please promote the next two scheduled workshops, both being conducted on **Thursday, August 22 and**

Thursday, October 3, 6:30pm-8:30pm, at the Long Beach/Signal Hill WorkPlace, 4811 Airport Plaza Drive, Rosi Pederson Room, Long Beach, CA 90815. Please visit salary.aauw.org/longbeach to register.

We are actively seeking sponsors. At the August and October workshops, we expect prospective business sponsors to participate. We also have the opportunity this Fall to meet with the HR department of the City of Long Beach to see how this program can be expanded to their employees. We are looking forward to keeping you posted as to how we increase AAUW Long Beach's visibility in the community with this branch program as we all together meet the goal of closing the gender pay gap!

Public Policy

by Flo Pickett and Arnedra Jordan

Take action on issues impacting women and girls by joining AAUW's Action Network. As a **Two-Minute Activist**, you will receive urgent email notices when your advocacy is needed most. We'll provide the tools you need to call or send messages to your members of Congress, write letters to the editor for your local newspapers, or contact your state legislators about pressing issues.

Support the Paycheck Fairness Act— Fight for Working Women: Raise the Federal Minimum Wage—Visit AAUW.org - See the Issues and find information online about AAUW stands and actions. Choose one to work on this AAUW year. You can do it from home on your computer anytime. Takes 2 minutes! and keeps you up to date on women's issues.

Glowing Reports from Tech Trek 2019

by Anne Supple, TECH TREK

I have received many wonderful thank you notes describing the fantastic experiences the 10 rising eighth graders had at the July Tech Trek STEM camp held at UC Irvine. The classes included aerospace engineering, coding, chemistry, and anatomy. The girls especially noted that the tours and experiments at the university's labs were eye-opening. They were enthralled, too, with the evening activity where women in STEM fields discussed their careers and education paths. Several girls also mentioned the financial literacy program that helped them realize the importance of budgeting. And, always a highlight, living in the dorms for a week and attending classes in the university's buildings left a great impression and confidence that college is in their future.

All of their messages included deep gratitude to those who made it possible for them to attend this camp-you, the members! In addition to your generous contributions, the gift from Rossmoor Womens Club and the grant from SCE provided the \$10,000 needed to send 10 girls. Our 2020 fundraiser will be in January and the program will highlight past Tech Trekkers and how that experience influenced them to continue to pursue STEM coursework and careers.



Did You Know?

Girls Outscore Boys in Engineering

In 2018, the National Assessment of Educational Progress (NAEP) administered the digitally based **Technology and Engineering Literacy (TEL)** assessment to better understand what U.S. students know and can do in the areas

of technology and engineering.

Eighth-grade students were presented with real-world technology and engineering challenges. They were asked to respond to questions aimed at assessing their knowledge and skills in understanding technological principles, solving technology and engineering-related problems, and using technology to communicate and collaborate. Students also answered questions about their experiences learning about and engaging in technology and engineering both in and outside of school.

In 2018, female students scored higher than their male peers in TEL overall.

Overall score difference:girls 155, boys 151In each of the TEL Content areasTechnology & Society:girls 154, boys 151Design & Systems:girls 154, boys 152Information & Communication Technology:Understanding Technological Principles:Developing Solutions & Achieving Goals:Communicating & Collaborating:girls 157, boys 149

LB Branch Funds

Help us with a **Monthly Opportunity Drawing** at each Branch meeting. Bring shiny , sparkly, fun Treasures....

Buy Tickets !

Support our Special Projects!

1 Ticket = \$1.00 6 Tickets = \$ 5.00 15 Tickets = \$ 10.00



Last Names starting with A—B—or C please bring a non-wrapped item to donate.

Board and Branch Business

Board of Directors Meeting May 20, 2019

 Motion by Daphne Ching-Jackson: I move that the Board, on recommendation from the Budget Committee, review the attached 2019-20 Operating Budget to be approved with a recommendation to the Branch members to approve the budget as amended by the Board.

Full Board Meeting July 27, 2019

- Motion by Shelley Arnold: came from Communication Committee. "I move to change standing rule 6A regarding affiliates that AAUW and its affiliates may distribute or display materials." Mary Lamo amended motion to add: "AAUW and its affiliates may distribute or display materials as pre-approved by the Executive Committee." Second by Daphne. Motion passed.
- **Motion by Anne Supple:** "I move that the Board approve a fundraiser for Tech Trek at the January 2020 Branch meeting." Second by Valerie Armstrong. Motion passed.
- Motion by Deloris Mayuga: "I move that the authorized signers on behalf of American Association of University Women-LB (AAUW-Long Beach) for fiscal year 2019-2020 for Wells Fargo account number 3194-8199 be Denise Montoya, President; Linda Patten, Vice President for Investments; and Deloris Mayuga, Treasurer. And that AAUW-Long Beach adopt the resolution approving the language required by Wells Fargo in the form attached as Exhibit A." Second by Jeane Caveness. Motion passed.
- **Motion by Deloris Mayuga:** "I move that the authorized signers on behalf of American Association of University Women (AAUW-Long Beach) for fiscal year 2019-2020 for Bank of America checking account number ending 3633 and Advantage Savings account ending in 7308 be Denise Montoya, President; Linda Westman, Secretary; and Deloris Mayuga, Treasurer. Denise Montoya will be added as a signer and Shelley Arnold will be coming off as a signer." Second by Jeane Caveness. Motion passed
- Motion by Deloris Mayuga: "I move that the AAUW Long Beach Policis & Procedures, #8. AAUW Long Beach Branch Endowment Fund(s) Administrative Procedures, d. be amended to add the words "dividend and/or capital gains," so new #8.d. reads: d. Interest, dividends and/or capital gains from the AAUW Long Beach Branch Endowment Fund may be used for a project (or projects) which support the AAUW mission statement." Second by Jeane Caveness. Motion passed.
- **Motion by Shelley Arnold:** "I move that the P&P Section 17g (Yearbook p22) be changed to "Facebook administrator (and other social media positions) be added as a position on the Communications Committee." Second by Rita Powell. Motion passed.
- **Motion by Dee Dee Catalano:** "I move that the Board authorizes an expenditure of \$100 for a trial membership (6 mos) in Meetup for the purpose of publicizing AAUW meetings or events. Membership to begin in September 2019." Second by Flo Pickett. Motion passed.

BRANCH INTEREST GROUPS

Joining an AAUW members-only interest group (or many) is a great way to get to know other members on a more personal level. Make friends while participating in fun, informative and educational activities. To start a new interest group, submit a description to the President and it will be passed along to the Interest Group Coordinator, for help with implementation.

Reminder: All interest group participants MUST be AAUW Long Beach members. Guests may attend a meeting group or an interest group a maximum of three times before they are required to join AAUW. Interest groups are for the benefit of AAUW members.



Book Chat Plus Group members present the most interesting book they have recently read, film they have seen or the most exciting travel experience they have had. If time allows, all three! Light refreshments are served along with the intriguing conversation. We meet the 1st Tuesday at 10 a.m. Contact **Betty Thompson**, 562 - 430 - 8438 or <u>bettythom@aol.com</u>



Cultural Adventures Group plans trips to museums and other points of interest. It is usually a mid-week tour & lunch scheduled several times a year. Join a group that enjoys checking out museums and other cultural interests. Contact **JoAnn Kuroda** at 562-429-6923 or email <u>sojoinlb@aol.com</u>



Great Decisions Group meets weekly to discuss, share opinions and ideas on a critical global issue. *To all Great Decisions Group members:* Great Decisions books will be available at 3 meetings this Spring. If you plan to participate, you may also contact Rita Powell at 562 685 2096.



International Cuisine Group meets and dines at restaurants of different ethnicity in the local area. It is usually scheduled every few months on a Wednesday within an easy drive of LB. Car pooling is an option Come join a group who enjoys unique flavors of the world. Contact Fay Denny at 714-894-0416 or email <u>faydenny@yahoo.com.</u>



Literary Ladies Group meets to discuss and compare thoughts on a selected book, fiction or non-fiction. The group comes together to hear thoughts and insights from others in the group. Each member takes a turn recommending and leading the group. They meet the 2nd Monday of the month at 12:30 p.m. Contact **Sharon Westafer**, 562-493-4749 if interested. The book selection for September is

The Island of Sea Women by Lisa See



Public Policy meetings, explore, discuss and support the active legislative issues of AAUW, which underscore our mission of promoting equity and education for all women and girls. The group passes on knowledge and information to all branch members and encourage them to become involved with AAUW issues. For the next meeting - Contact Flo Pickett flopickett@gmail.com



Residential Rentals Discussion Group meets the 3rd Wednesday of odd months year round from 10:00-11:30 am. Our meetings are Sept 19 (note the 18th is the Apartment EXPO free at the LB Conv Center) and Nov 20th. Anyone with an interest (owner or not) in residential rental is welcome. We cover current landlord/ tenant topics, share experiences and work to keep current in the housing industry all in an informal setting. Contact Co-Chairs Ellen Mathis — <u>epmathis@verizon.net</u> or Joan Gustafson — <u>jwg221@aol.com</u>



Movie Mavens enjoy each others company at a movie and then chat about it over coffee afterwards. We are looking for a new leader for this group... Contact the President for info.



NEW Book Group - The "new" Book Club will meet the 3rd Saturday of the month at 2:00 PM at Bev Krivokapich's home in Los Alamitos. We will read a variety of genres. We have room for more members! Ask Beverly about the titles to be read. Contact Beverly Krivokapich 562-596-1826 or email <u>bevkrivo@yahoo.com</u>

INTERNATIONAL CUISINE

OCTOBER 23, 2019

6:30PM

Mark your calendar! Come to an exciting dinner and join fellow food lovers at a Burmese Restaurant on Wednesday, October 23, 2019. More information to come. Fay Denny, International Cuisine Chair

RESERVATION RETURN FORM

Send registration and check payable to AAUW—Long Beach to

Ellen Mathis 63 St Joseph Ave Long Beach, CA 90803-3158 epmathis@verizon.net or 562-433-6509

(Or: Place envelope/check in mail slot to right of door)

Member Name (s) / Guest

AAUW BRANCH MEETING

Saturday, September 7, 2019

9:30 a.m.	Check-in and Mingle
10:00 a.m	Program
11:15 a.m.	Business Meeting
12:00	Lunch

Place: Golden Sails Inn (banquet room) 6285 E Pacific Coast Hwy, Long Beach, CA 90803

Amount Enclosed for Meal _

I choose a Vegetarian option

I will pay \$5.00 for meeting / program only _____

Use PayPal account to send \$\$\$ to aauwlongbeach@gmail.com. Select Send to a Friend so the branch isn't charged a fee.

RESERVATION must be made by August 27

A meal reservation is a financial commitment and refunds shall not be made.

Meal: Buffet: chicken picatta, veg. quiche, rice vegetables, roll and dessert. Coffee, tea, waters

Price: \$28.50 per person Questions about the location? Contact Charlotte Joseph Email: importantjoseph@aol.com



AAUW-Long Beach Branch

Send address changes for AAUW Vantage to P O Box 15023, Long Beach, CA 90815 PLEASE PLACE STAMP HERE

