

## Food Insecurity and Displaced Students

Saturday September 9, 2017



Pam Rayburn & Lindsay San Miguel  
Co-Program Vice-Presidents



Housing and food insecurity are growing problems on college campuses. The rising cost of tuition and the increasing number of nontraditional students mean that more students are living on a shoestring budget. Today, one in 10 California State University students are homeless or displaced and one in 5 are experiencing food insecurity.<sup>1</sup> California Community College students are faced with the same struggles, with one in 5 students experiencing homelessness or housing instability and two-thirds with food insecurity.<sup>2</sup> Food and housing instability are more prevalent among students of color and first-generation students.<sup>3</sup> Both Long Beach State University and Long Beach Community College have been champions for their students by establishing programs to help support and address these issues.

Our September program features speakers from both campuses; CSULB Assistant Dean of Students Carol Menard, who coordinates the Student Emergency Intervention and Wellness Program serving the most at-risk students through emergency grants, hotel vouchers or short-term housing, meal assistance, counseling, and on-campus employment. In addition, LBCC District Trustee Dr. Virginia “Ginny” Baxter who with Trustee Sunny Zia helped launch a task force to drive donations to the Long Beach City College Foundation. They helped to support students in need of tuition, but also food, basic necessities, and housing. We hope that you will join us for this presentation on a topic that is not only making national headlines, but is affecting our local community. All are invited to also meet our Frances Magarian Scholarship recipients at this first meeting of the AAUW year!



LONG BEACH CITY COLLEGE  
FOUNDATION

1) CSU Chancellor's Office Report: Serving Displaced and Food Insecure Students in the CSU, January 2016

2) <http://www.latimes.com/local/lanow/la-me-ln-homeless-community-college-20170628-story.html>

3) Hunger on Campus, October 2016

**AAUW's Mission Statement:** *AAUW advances equity for women and girls through advocacy, education, philanthropy and research.*

**AAUW's Value Promise:** *By joining AAUW, we belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.*

## Courtesy

### Best wishes to SEPTEMBER birthdays!

4—Labor Day

11—Patriot Day (Sept 11)

21—International Day of Peace

22—Fall Begins

30—Yom Kippur



It is with deep sadness that we announce the passing of Barbara Bostwick on July 7th. Barbara was a great supporter of AAUW programs, especially Tech Trek. A memorial service is scheduled for Tuesday, September 26 at 2 p.m. at Grace First Presbyterian Church.

Educating the mind without educating the heart is no education at all.

— Aristotle

## CALENDAR EVENTS

Meetings are the first Saturdays, except in September, October, December and March.

AAUW-LONG BEACH website:

[www.aauw-longbeach.org](http://www.aauw-longbeach.org)



AAUW email address:

[AAUWLongBeach@gmail.com](mailto:AAUWLongBeach@gmail.com)

We're on Facebook!

[www.facebook.com/aauwlongbeachca](http://www.facebook.com/aauwlongbeachca)

Follow AAUW on LinkedIn

<http://www.linkedin.com/groups/AAUW-Long-Beach-CA-Branch-7001584/about>



## Condolences...

Joyce Lott's friend Joe recently passed away. Joe Coleman was her long-time partner. He was 91 and suffered a stroke in mid-June that paralyzed his left side and he had advancing dementia. A quick time in hospice is what he wanted. His death was peaceful and his time in hospice comfortable. Our thoughts and prayers are with Joyce.

Joe's Memorial Celebration will be on August 26th.

Joyce will provide details upon request.

**EXECUTIVE COMMITTEE MEETINGS**—All meetings will be held on the third Monday of the month, social time at 6:30pm with meeting at 7:00pm. All meetings will be at the Unitarian Universalist Church at Atherton and Bellflower Blvd. Room 2. Dates: September 18 — November 20— December 18— February 19— April 16.



**FULL BOARD OF DIRECTORS MEETINGS**—All meetings will be held on the third Monday of the month, social time 6:30pm with meeting at 7:00pm. Meetings will be at the Unitarian Universalist church, Room 2. Dates: October 16—January 15—March 19 – May 21

Has any of your contact information changed? Phone? Email? Address? Help us to keep you informed in a timely manner. Send your changes to Database Coordinator George Jackson, at [georgeljackson@gmail.com](mailto:georgeljackson@gmail.com) or call 562-377-1670.

Send any Branch news or Courtesy items to Editor: Rebecca Low [rlow1@hotmail.com](mailto:rlow1@hotmail.com)

## President's Message



*Every individual matters. Every individual has a role to play.  
Every individual makes a difference.*

- Jane Goodall, Scientist and Animal Rights Activist

Welcome back AAUW-Long Beach! Sharon and I are excited to take the helm for another year of advocacy, education and friendship. This year's theme is "Continued Commitment" and we need the commitment and dedication of every branch member as we continue our unwavering march forward for women's equality. Whether you express your commitment through advocacy, philanthropy or just by showing up at meetings — it all counts. Every single action you take makes a difference and makes our branch and our community stronger.

Your new board has been hard at work over the summer creating a program year that will both inform and entertain you while making some noise in the community! Join us as we kick off the year at our September meeting with a program on homelessness, student debt and how these issues disproportionately impact women and girls. There's a seat at the program with your name on it!

### **Did You Know? by Daphne Ching-Jackson, Investments Vice-President**

Occasionally we receive questions about the Branch financial policies and procedures. In June a member asked why the principal is not used for projects. Policies and Procedures, Section 8e specifies that the principal may be used, by a 2/3 Branch vote. However, it has been conventional practice to not use the principal and to use the interest earned from the principal for mission-based projects. As cited in this issue of the Vantage, the Board voted to use the interest money from the Endowment Fund next year for purchase of new AV equipment for the branch and for Facebook advertising to promote the Branch's mission-based activities.

Each year as a Branch member you have the right to make suggestions to the Budget Committee on how the Endowment Fund interest is used but the use of the funds must be for mission-based activities. The Budget Committee Chair solicits suggestions through published Vantage articles in the Spring. The Budget Committee meets in April to develop a new operating budget and to consider suggestions for using the Endowment Fund interest.

We plan to have more articles to help all of our Branch members get a glimpse of the financial picture for the Branch and how financial decisions are made. If you wish to read the Branch Policy and Procedures regarding finances, you can find that information in the 2016-2017 Branch Directory booklet.

Flo Pickett  
Chair—Public Policy

## Public Policy



Visit the AAUW website to;

[Find out how](#) to view and use the latest AAUW videos, including "Ifs and Onlys and Little Girls' Dreams," for your own website.

[Sign the petition](#): Urge the Department of Education to protect Title IX and fully enforce its protections for students.

Keep track of important dates in women's history, nationally recognized days of action, and more using AAUW's [handy programming calendar](#).

Make sure the college students in your life are [prepared to apply](#) for AAUW's leadership and campus opportunities this fall. Check with Flo Pickett at the next Branch meeting for local events.

Welcome back to everyone as we move forward into our 2017-18 branch year--a year of dynamic, mission-related branch programs that work to improve the lives of women and girls, and a year of warm relationships and connections between our members. We would like to commend the strong work of the Vice Presidents of Membership and the Membership Treasurer of last year, who worked so hard to bring many new members into our branch. Thanks so much to you Margaret Huebner, Elsa-Karen Braden and Denise Montoya for all of your outreach to bring in new members and to help them to become involved in our branch activities and programs.

**New Members:** Many new members have joined our branch since the beginning of 2017. Please look for them at our meetings and reach out to them to welcome them and introduce them to other members. The outreach of our members to our new members is what helps these new members to feel welcome and to become engaged in our branch and its activities. Here are the names of our most recent new members:

Renee Belville  
Sonya Jackson  
Carolyn Magnuson  
Odile Ronat  
Virginia Vasquez-Dillisanti

Gina Knight  
Charlotte Joseph  
Elizabeth McCann  
Linda Westman  
Gay Witten



**Recruitment of New Branch Members:** Over the years, our branch has done many things to reach out to potential new members, but over all of those years the largest number of new members have come from our own members who bring their friends, colleagues and contacts to our speaker meetings, and who tell their many contacts about AAUW, Long Beach and our many programs and activities. Our members are the strength of our branch in every way--through their engagement in our mission-related programs, in their devotion to the AAUW mission, and in their recruitment for new members for AAUW and our AAUW branch. Thank you to all of you for your commitment and your work to bring equity and a better life for women and girls locally, nationally and world-wide.

## Board and Branch Business



Regular business was conducted at the July, 2017 Board of Directors Meeting and Retreat. The following motions were passed:

**Motion** by Pat Ferrer that the Board of Directors approves fundraising activities for Tech Trek (January 2018) and the AAUW Fund (date TBD but not January 2018). Darlene Daclan seconded the motion.


**Motion** by Frances Rozner that, by direction of the WorkSmart Committee, approximately \$1,030 of the Endowment Fund interest be applied toward the purchase of a new laptop, a projector, and Microsoft Office Software to be used by the Branch for meetings/events and for *AAUW WorkSmart in Long Beach* workshops.

**Motion** by Daphne Ching-Jackson that the Branch allocates \$150 from the Outreach Fund for Facebook advertising to support mission-based activities. It was seconded by Ginny Baxter.

**Motion** by Frances Rozner that, by direction of the Bylaws Committee, all 2015 Bylaws that were excised during the updating of the Bylaws in 2016 and 2017 are deemed worthy of transfer, be approved with the submitted wording and transferred to the specified Policies and Procedures and Standing Rules as proposed in the attached spreadsheet labeled *Carryover from 2015 Bylaws [17 items to policies and Procedures and 3 items to Standing Rules]*.

**Motion** by Frances Rozner that, by direction of the Bylaws Committee, the removal, reorganization and updating of existing Policies and Procedures and the addition of new Policies and Procedures be approved as proposed in the attached spreadsheet labeled *Proposed Policies and Procedures*.

**Motion** by Frances Rozner that, by direction of the Bylaws Committee, the renumbering of the existing Policies and Procedures be approved as proposed in the attached spreadsheet labeled *Renumbering of Policies and Procedures*. This was due to the transference of older bylaws requiring insertion, the addition of new sections, and the reorganization of older sections.



# Luncheon Most Deadly

An American Association of University Women Long Beach Branch  
fundraiser for fellowships and research and project grants.

**Date:** Saturday, October 14, 2017  
**Time:** Check-in begins at 11:00 a.m. Lunch at 12:00 noon.  
**Place:** Old Ranch Country Club - 3901 Lampson Ave, Seal Beach, CA 90740  
**Cost:** \$60 per person (of which \$30 is tax-deductible). Includes luncheon, program, silent auction, book sales and signing.  
**Old Ranch Country Club dress code is in effect:** No jeans, denim, or strapless tops. The room arrangement has been "looped" for the hearing-impaired.

## Featuring Anne Perry

Attention Interest Groups: The Authors Luncheon - *Luncheon Most Deadly* - is looking for Silent Auction baskets. We hope your interest group is willing to put together a basket of new, interesting items. You choose the theme of your basket and the value of the items you are submitting. Please let Judith Kaho, chair of the Silent Auction items, know about your basket. Judith's phone number is 562-429-2790 and her email is [gakjmk@aol.com](mailto:gakjmk@aol.com).

Fay Denny, Chair Authors Luncheon

### National Convention Recap June 14-17 2017 Washington D.C.

The speaker at the opening dinner, Judy Woodruff, Co-Anchor, PBS Newshour, was excellent. The Plenary session featured Linda DiVall, a researcher on behalf of Republicans, and Celinda Lake, a researcher on behalf of the Democrats. They were fair and informative with their views on the current political climate.

Tererai Trent, Ph.D., winner of the 2017 AAUW Alumnae Recognition Award spoke at the Gala dinner. She was sincere in her appreciation of the award and captivated the audience. The superstar of the convention was Supreme Court Justice Sonia Sotomayor, the featured speaker at the Gala dinner. She circulated throughout the room, with her Secret Service agents, while simultaneously shaking hands, hugging some attendees and answering questions from Kimberly Churches, AAUW CEO. Ms. Sotomayor was charming, warm and extremely articulate and didn't miss a beat as she shook hands with at least three fourths of those present.

The final speaker, at the closing plenary was Laura Dunn, J.D., Executive Director of SurvJustice Inc., a nonprofit based in Washington, D.C. which focuses on victims of sexual violence. Bios on the convention speakers can be found on the National website.

It was determined by the AAUW Board that the next National Convention will be held in 2020 to coincide with the 100<sup>th</sup> birthday of women receiving the right to vote. Conventions over the past 3 or 4 years have lost money and the 2017 Convention is projected to lose over \$1,000,000. AAUW will focus on four priorities this year: College and University Partners, Pay Equity, STEM and Public Policy research.

Lobby Day was energizing and informational. All participants from California met with representatives of Senators Diane Feinstein and Kamala Harris, and then broke up into groups to meet with their individual representatives or staff. The Long Beach group, Sharon Westafer, Cacilia Kim, Alex Bellenger and Frances Rozner, met with Congressman Alan Lowenthal's staff and he dropped in to greet us before going to a meeting. His voting record is 100% for AAUW issues, which we knew before the meeting; however it was nice to meet his staffers, both of whom are from Long Beach and attended Poly High School.

As reported by Sharon Westafer.



# The Frances Magarian Scholarships

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Darlene Daclan, JoAnn Kuroda, MaryAnn Takemoto, Sharon Westafer

The AAUW Long Beach Frances Magarian Scholarship Fund was established in 2013 from monies bequeathed to the branch from Frances Magarian, a long time branch member. A committee was formed to establish criteria for applicants, guidelines for the committee and for the selection process.



Two scholarships of \$2500 each are awarded to two recipients at CSULB and two scholarships of \$500 each are awarded to two students at LBCC. Each student must meet the criteria established in the application, complete an application form, and then meet with the scholarship committee to be interviewed. Applicants are notified of the results of the application process soon after the interviews. The winners understand that they will be invited to a branch meeting to meet members.

The scholarships promote AAUW's mission of advancing equity for women and girls through advocacy, education, philanthropy and research and they meet the branch Strategic Plan objectives and goals by increasing equity for women and girls in our local community and increasing collaboration in the community, promoting community outreach and increasing membership. As evidenced by AAUW's latest report regarding student debt, most college students can use as much help as possible. The committee believes that while the scholarships amounts aren't large, they do help the recipients pay for some costs of their education.

What are some past recipients doing? In 2016, Rachel Thompson received a CSULB scholarship and graduated with a BS in Kinesiology Exercise Science. She was a member of the University Honors program and her undergraduate thesis examined the progression of Phase III cardiac Rehab patients. Rachel attended Tech Trek camp when she was in middle school.

Mina Vareth graduated from CSULB with a BS in Finance in 2015, and studied International Management as part of the exchange program at the Hamburg University of Applied Sciences.

Nina Aviles graduated from LBCC in 2015 with an Associate of Science Degree in Biology/Biological Sciences and is currently pursuing a BA Degree in Biomedical Sciences at Marymount California University.



## **In the Statehouse**

Sign up on <http://www.aauw.org> to receive state policy news, tips, and resources to help you maximize your activism.

### **Attention all members:**

**This is formal notice that the following amendment, stated in italics below, to Standing Rule 5a. Membership, will be voted upon by the branch membership at the September 9, 2017 business meeting:**

A person eligible for membership may attend three meetings of branch activities as a guest. Thereafter, anyone who participates in branch interest groups, committees, and activities is expected to become a member of the branch, *with the exception of AAUW Long Beach project/program volunteers who provide special skills and whose participation is approved by the branch President.*

# BRANCH INTEREST GROUPS

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Joining an AAUW members-only interest group (or many) is a great way to get to know other members on a more personal level. Make friends while participating in fun, informative and educational activities.

To start a new interest group, submit a description to the President and it will be passed along to the Interest Group Coordinator, for help with implementation.

*Reminder: All interest group participants MUST be AAUW Long Beach members. Guests may attend a meeting group or an interest group a maximum of three times before they are required to join AAUW. Interest groups are for the benefit of AAUW members.*



**Book Chat Plus Group** members present the most interesting book they have recently read, film they have seen or the most exciting travel experience they have had. If time allows, all three! Light refreshments are served along with the intriguing conversation. We meet the 1st Tuesday at 10 a.m. Contact **Betty Thompson**, 562 - 430 - 8438 or [bettythom@aol.com](mailto:bettythom@aol.com)



**Cultural Adventures Group** plans trips to museums and other points of interest. It is usually a mid-week tour & lunch scheduled several times a year. Join a group that enjoys checking out museums and other cultural interests. Contact **JoAnn Koroda** at 562-429-6923 at email [sojoinlb@aol.com](mailto:sojoinlb@aol.com)



**Great Decisions Group** meets weekly to discuss, share opinions and ideas on a critical global issue. *To all Great Decisions Group members:* Great Decisions book information will be available at the branch meetings. If you plan to participate, you may also contact a group coordinator or Norma Grady at [nsgrady1@verizon.net](mailto:nsgrady1@verizon.net).



**International Cuisine Group** meets and dines at restaurants of different ethnicity in the local area. It is usually scheduled every few months on a Wednesday within an easy drive of LB. Car pooling is an option. Come join a group who enjoys unique flavors of the world. Contact **Fay Denny** at 714-894-0416 at email [faydenny@yahoo.com](mailto:faydenny@yahoo.com). See the notice for the October event on page 7.



**Literary Ladies Group** meets to discuss and compare thoughts on a selected book, fiction or non-fiction. The group comes together to hear thoughts and insights from others in the group. Each member takes a turn recommending and leading the group. They meet the 2<sup>nd</sup> Monday of the month at 12:30 p.m. There is a maximum of 10 and currently a waiting list. Contact **Sharon Westafer**, 562-493-4749 or [sharwest1@hotmail.com](mailto:sharwest1@hotmail.com) if interested. The book selection for September is *The Japanese Lover* by Isabel Allende



**Public Policy** meetings, explore, discuss and support the active legislative issues of AAUW, which underscore our mission of promoting equity and education for all women and girls. The group passes on knowledge and information to all branch members and encourage them to become involved with AAUW issues. For the next meeting - Contact **Flo Pickett** [flopickett@gmail.com](mailto:flopickett@gmail.com)



**Residential Rentals Discussion Group** meets the 3rd Wednesday of odd months year round from 10:00-11:30 am. Our meetings for 2017 are September 20<sup>th</sup> and November 15<sup>th</sup>. Anyone with an interest (owner or not) in residential rental is welcome. We cover current landlord/tenant topics, share experiences and work to keep current in the housing industry all in an informal setting. Co-Chairs Ellen Mathis—[epmathis@verizon.net](mailto:epmathis@verizon.net) - and Joan Gustafson — [jwg221@aol.com](mailto:jwg221@aol.com) - invite you to check the group out.

## International Cuisine invites you on a food adventure!

Date: Wednesday, October 25, 2017

Time: 6:30 p.m.

Place: Delightful Crepes Café 1190 N Studebaker Road Long Beach

It is located in the strip mall where the Fantastic Cafe is located. Delightful Crepes is situated at the end of the row of stores. Their menu features soups, salads, crepe dishes, and pasta with pricing between \$11 and \$20 for the entrees.

You can view their menu at <http://www.delightfulcrepescafe.com/> Please plan to join us.

RSVP: Fay Denny, [faydenny@yahoo.com](mailto:faydenny@yahoo.com) or 714-894-0416;  
Joan Gustafson, [jwg221@aol.com](mailto:jwg221@aol.com) or 562-439-3130.

RSVP by Monday, October 23, 2017.



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## AAUW Long Beach Branch

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in the organization, on the basis of gender, race, creed, age, sexual orientation, national origin or disability

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### RESERVATION RETURN FORM

Send registration and check payable to  
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Lee Tsao 4306 Fairway Drive Lakewood, CA 90712

lee.tsao@hotmail.com or 562-425-7613

Member Name (s) \_\_\_\_\_

Guest \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

\_\_\_\_\_ (with MEAL) reservation for meeting / program

\_\_\_ Indicate a Vegetarian, Vegan, Gluten Free preference

\_\_\_\_\_ (NO MEAL) reservation for meeting and  
program only is **\$5.00**

Use PayPal account/ send \$ to aauwlongbeach@gmail.com  
Select Family and Friends to avoid usage fee to the branch

### *RESERVATION by Sept. 1*

*A meal reservation is a financial commitment and  
refunds shall not be made.*

### AAUW BRANCH MEETING Saturday, September 9, 2017 Note the modified schedule:

9:30 a.m.	Check-in and Mingle
10:00 a.m.	Buffet Breakfast
10:30 a.m.	Program
11:30 a.m.	Business Meeting
12:00	Adjourn

Place: The Grand  
4101 E. Willow St. LB, 90815

#### Meal: Build Your Own Buffet Breakfast

Fruit Platter, Quiche Lorraine, Slice Ham. Vegetarian,  
Vegan, Gluten Free Option: Roasted Butternut  
Squash filled with roasted vegetables and topped  
with a balsamic glaze.

Price: \$22.00 per person

#### Questions about the location?

Daphne Ching-Jackson at  
dchingjackson@verizon.net

