

Membership Garden Party

Lois Ledger
Program Co-Chair

Saturday May 13, 2017



The AAUW Garden Party will be from 2 - 4 p.m. Saturday May 13 at the home of Janice Furman in Park Estates Long Beach 90815. This is the day before Mother's Day so mothers and daughters are welcome as well as prospective members. Enjoy delicious refreshments and get to know AAUW members better at this spring afternoon event. Members who have yet to find a Branch Interest Group will have a chance to meet group members and learn about activities. Potential members can meet current members and learn about AAUW history; the Long Beach Branch was incorporated May 31, 1940.

The annual Garden Party is a social event designed to encourage outreach to potential new members who may be interested in participating in one of our 7 Interest Groups, Work Smart, Equal Pay Day, the 15th Annual STEM Conference at LBCC, advocating for public



policy issues, or the many other events and programs we do to support women and girls. It's a chance to show off the Branch, and recruit individuals who will bring fresh ideas, collaboration and leadership skills, as well as enthusiasm as new members. Those who join at this event will be eligible for a reduced membership rate of \$70.50, effective through June 2018!

AAUW's Mission Statement: *AAUW advances equity for women and girls through advocacy, education, philanthropy and research.*

AAUW's Value Promise: *By joining AAUW, we belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.*

Branch News

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Courtesy **Best wishes to** **May birthdays!**



1—Lei Day (Hawaii)

4—May The 4th Be With You Day

5—Cinco de Mayo

14—Mothers Day

29—Memorial Day

**You may not control all the events
that happen to you, but you can
decide not to be reduced by them.**

- Maya Angelou

CALENDAR EVENTS

Meetings are the first Saturdays, except in Sept., January, March and May.

May 13—Garden Party held from 2:00—4:00

June 3—Branch Installation Meeting

AAUW-LONG BEACH website:

www.aauw-longbeach.org

AAUW email address:

AAUWLongBeach@gmail.com



We're on Facebook!

www.facebook.com/aauwlongbeachca

Follow AAUW on

<http://www.linkedin.com/groups/AAUW-Long-Beach-CA-Branch-7001584/about>

AAUW Is a Top-
Rated Charity



Paid Life Membership Dues

We encourage current branch members, who anticipate continuing their participation in AAUW in the years to come, to consider the option of becoming a Paid Life Member of AAUW (MBL). The one time dues payment is \$980, and it is the equivalent of 20 years of National dues. You will never have to pay National dues again. Consider it a commitment, as well as a hedge against future dues increases. All of the \$980 is fully tax deductible. Nine of our branch members are MBL's. You'll be in great company! See Denise Montoya, Membership Treasurer for further information.

EXECUTIVE COMMITTEE MEETINGS—All meetings will be held on the third Monday of the month, social time at 6:30pm with meeting at 7:00pm. All meetings will be at the Unitarian Universalist Church at Atherton and Bellflower Blvd. Room 2.
Date: April 17

FULL BOARD OF DIRECTORS MEETINGS—All meetings will be held on the third Monday of the month, social time 6:30pm with meeting at 7:00pm. Meetings will be at the Unitarian Universalist church, Room 2. Date: May 17



Has any of your contact information changed? Phone? Email? Address? Help us to keep you informed in a timely manner. Send your changes to Database Coordinator George Jackson, at georgeljackson@gmail.com or call 562-377-1670.

Send any Branch news or Courtesy items to Editor: Rebecca Low rlow1@hotmail.com

President's Message



It was inspiring to see three of our members honored as the branch's newest 50 year members at the April branch meeting. Elsa-Karen Braden, Fay Denny and Beverly O'Neill are perfect examples of dedicated women who support AAUW's efforts to provide equity for all women and girls. Imagine! There are now 11 women in the branch who have been members for 50 years or more.

The April program regarding the Affordable Care Act (ACA) was informative and the speakers did a wonderful job of explaining why people both love and hate the ACA and the basics of what it does and does not cover. We would like to assure all members that this year's programs were chosen with the specific goal of educating members about timely issues that are important to women. AAUW is nonpartisan and the information provided at the meetings does not advocate for one party or candidate. However, AAUW does advocate for and support specific policies that benefit women and health care access is a top policy priority.

And speaking of AAUW policy priorities – if you want to know more about what AAUW National is up to and the direction we are headed in the coming year, come attend the 2017 AAUW National Convention held in Washington, D.C. this year from June 14th to the 17th. Registration is now open and this year's theme is "Leadership for Women, by Women." Join over 1,000 women leaders from across the country to discover new ways to empower not only yourself but also those in your community!

CULTURAL ADVENTURES

BUS TRIP TO THE BROAD MUSEUM THURSDAY, MAY 18, 2017

Join the group to visit the **Broad Museum** in Los Angeles on May 18, 2017. The Broad, home to over 2,000 works of art, is one of the most prominent holdings of postwar and contemporary art worldwide. The museum features 200 artists including works by Jeff Koons, Takashi Murakami, Andy Warhol and Roy Lichtenstein.

Price of \$15.00 includes the bus ride, entry into the museum, orientation of the facilities, and the gratuity to the bus driver. It is a fundraiser for EO. Lunch is on your own. The bus will leave the Target Parking Lot on Bellflower Blvd. at 9:00am and return around 3:00pm. We will need 30 riders to qualify for the bus ride. Please make your reservation with Fay Denny, 714-894-0416 or Joan Gustafson, 562-439-3130.



BOARD BRIEFS

Regular board business was conducted at the March Full Board meeting. No motions were presented.

Lots of great news! AAUW Work Smart has a new website and a new logo. CSULB has contracted with AAUW for three years to provide AAUW Start Smart workshops (for college students) – their first is April 27. The last week of March, AAUW received a \$100,000 grant from LUNA, partnering with Leanin.Org, to hold 100 AAUW Work Smart workshops across the country in 2017.



Four of the LUNA workshops must be in Los Angeles and by convincing them that Long Beach is in the LA area, we were able to provide two workshops to local nonprofits with whom we had made contact during our pilot program. The LGBTQ Center Long Beach will hold a workshop on July 11, open to the public, and the VA Long Beach Healthcare System will hold one on August 9, open to women veterans. In addition, we were able to help out the Anderson Women, MBA alumni of UCLA's Anderson School of Management, to schedule a workshop for October 7.

We will give you details next month about the success of the April 5 AAUW Work Smart workshop, sponsored by County of Los Angeles Supervisor Janice Hahn and held at the Port of Long Beach. As of April 4, 44 had registered. District 3 City Councilwoman, Suzie Price, is sponsoring our second 2017 workshop on Saturday morning, May 20. We met with the staff of District 2 City Councilwoman Jeannine Pearce and they will be sponsoring a Saturday morning workshop in June at the Bixby Park Community Center. On April 18, we will meet with District 9 Councilman and Vice-Mayor Rex Richardson.

Information and registration is online at salary.aauw.org/longbeach with workshops limited to 40 attendees. You've been doing a great job of spreading the word to any woman you know who could benefit – please keep up the momentum.

As the workshops grow in number and we help more women, we will need more of your assistance to keep moving forward. Please contact the following if you, or friends of yours, want to be involved in this exciting program: Facilities (Daphne C.), Fundraising (Frances R.), Facilitators/Facilitating (Judy W.), Logistics (Anne Supple), Marketing & Promotion (Mary L.).
Advancing equity – it's our AAUW mission.

Public Policy– AAUW and ACA

Flo Pickett, Public Policy Chair



"Obamacare," for some, is a fighting word. However, mention the "Affordable Care Act" (ACA), and the reaction from the very same people is notably different. That's because they like the fact that the ACA does a lot of good for many. Women were particularly big winners under the Affordable Care Act, which is the most significant expansion of health insurance coverage since the creation of Medicare and Medicaid in the 1960s.

Under the ACA, health insurance companies in the individual market no longer can charge women more than men, and they now must cover services that are unique to women, like prenatal care and childbirth. Other services for women also must now be covered free of charge, including screenings for breast and cervical cancer, pap smears and mammograms. ACA also prevents insurance companies from refusing to cover an individual because of a pre-existing health condition.

Women were not the only winners. Aspects of the ACA directly benefited children and young adults, like the provision allowing those under age 26 to remain on their parents' policies. It helped Americans with chronic conditions by removing "lifetime" limits on health care expenditures.

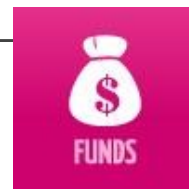
The Congressional Budget Office estimates that the recently unveiled plan to repeal and replace "Obamacare" will result in 14 million fewer Americans having health insurance after the first year, and 24 million after 10 years have passed. Although the proposed replacement would have reduced the federal deficit, it did so on the backs of middle class, poorer and older Americans. *All of us must stay informed and understand how proposed changes will impact not only our health but also those in our communities.*

AAUW Long Beach Branch Endowment Interest Recipients

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Anne Ingalls, Co-Fund V.P.

Research and Projects Grants include Career Development Grants, which help women who seek to achieve upward mobility within their present careers or are trying to change careers, and Community Action Grants. The Long Beach branch has four completed Research and Projects. Grants that honor three members: Joyce E. Clark, completed in 1990, Connie Wright Inskeep, completed in 1995, and Ethel Black, completed in 2001. The fourth Research and Projects Grant honors the Long Beach branch and was completed in 2008. The recipients of interest money from these endowments are featured here:



Pursuing her master's in public health with a certificate in humanitarian assistance, **ELIZABETH DANKENBRING** works in maternal and child health research. With her **Career Development Grant**, she will focus on displaced populations, specializing in prenatal and postnatal nutrition, infant brain development and family planning during traumatic events. When she receives her master's, she hopes to make motherhood a safer choice, even in unsafe territories. Elizabeth receives interest money from the Joyce Clark endowment and studies at Columbia University in New York, New York.

JESSICA SUPINSKI, awarded a **Career Development Grant**, is designing co-curricular instruction to help career training for adults who, after overcoming poverty and systematic marginalization, now wish to retool. Her design will develop management and interpersonal skills for these adults during their preparation for employment. She received her M.S. in Instructional Design from Western Governors University, Seattle, Washington and developed the Women in Trades and Technology Leadership Empowerment Seminar designed for women in nontraditional fields. Jessica studies under the Connie Wright Inskeep endowment.

AUDREY SALGADO, Project Director for the Girls STEAM Project, was awarded a **Community Action Grant** to help 200 girls in seventh and eighth grades to expand their horizons in STEM and art. Collaborating with the Corner Museum and Arts Center and Central Alabama Community College, the AAUW Birmingham Branch will develop a replicable model that changes stereotypes around women in STEAM, empowering participants, parents and community volunteers. This project is a two-year program in Sylacauga, Alabama and is funded by interest from the Long Beach/Ethel Black endowment.

The **YWCA Pasadena-Foothill Valley**, under the direction of **JESSICA KUBEL**, is funded by interest from the Long Beach branch endowment. The project, TechGyrls, is a highly successful nationwide YWCA education program that exposes girls to new, relevant technology and inspires them to pursue STEM-related course work and careers. TechGyrls aims to grow underserved girls' interest in and knowledge of STEM fields and to encourage them to pursue STEM studies and careers in the future.

Awarded an **International Fellowship**, **VIOLET NDEDA** will tackle the decline in fish stocks and extinction of major commercial fisheries in Africa, focusing on Kenya. Her goal is to contribute to the taxonomy and identification of fish species utilizing molecular tools, ultimately understanding and preserving the genetic diversity of fish species in that region. She received her M.S. in Wildlife and fisheries sciences from Texas A&M University. Violet studies under the Anna Stofflet Townsend endowment. International Fellowships are awarded to women who are not U.S. citizens or permanent residents but are studying at colleges or universities in the U.S.

Awarded an **American Fellowship**, **FELICITY MUTH**, seeks to explain how bumblebees adapt to multiple nutritionally diverse rewards, i.e., products from flowers. Her research will aid in understanding bees ability to learn and remember floral rewards. Muth, who works as a popular science writer for Scientific American, is a postdoctoral researcher at University of Nevada, Reno. She is funded by interest from the Louise Arbogast endowment. American Fellowships are awarded to U.S. citizens or permanent residents who are completing their doctoral thesis, preparing it for publication or doing post-doctoral research.

The following is an excerpt from AAUW Board Chair Patricia Fay Ho regarding a proposed dues increase. This would not affect state or branch dues.

Dear AAUW branch members,

The AAUW Board of Directors will now vote on the proposed dues increase at their regularly scheduled meeting on June 13, 2017. Should the increase pass, it will not become effective until the following fiscal year, beginning July 1, 2018. This would give branches ample time to initiate the process on your end and allow for people to include this increase in their personal budgets. The dues increase will be \$10. Additional information will be made available after the board vote in June. In the meantime, should you have any immediate questions, please reach out to connect@aauw.org.

Ready to Renew! - Membership Dues for 2017-2018 – Due June 30th!

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Denise Montoya Membership Chair

April is the beginning of AAUW membership renewal. It's a time of recommitting to the mission of this organization. Your dues support the work of the branch, State and National programs, as we collectively advocate for women and girls. Prior generations of committed women and men have made our way easier in the world. We owe it to future generations of women and girls to put our money toward advancing equity too.

Online Members: You will receive an email containing a secure personalized link to connect you with your dues renewal page. Please pay by credit card at this time. (It's very straightforward - no need to login, know your password, or membership number. The link does the work for you!) National will send you an acknowledgment email response.

Members Not Online: You will receive an invoice from me in April. Please pay at your earliest convenience. **Paying by Check—Instructions:** a) Make check out to AAUW (Not to AAUW-Long Beach), b) Submit by June 15, 2016, c) Mail to Denise Montoya, Membership Treasurer – 7114 E El Paseo St, Long Beach, CA 90815. Please call me with any questions, 562-596-2280.

We appreciate all of the contributions made by our members in time, leadership, volunteer efforts, financial contributions and creativity!

~ ~ 50 Year Honorary Lifetime Membership Awarded to Four Long Beach Branch Members! ~ ~

Recent Honorees, Elsa-Karen Braden (EB), Fay Denny (FD), Beverly O'Neill (BO) and Mary Sipple (MS) (celebrating at the June 2017 branch meeting) were asked to respond to the following questions:

What brought you to AAUW? EB – “Upon graduating from UCSB in Home Economics in 1962, my first job landed me in Pomona Valley, where the local branch contacted me. The President, Effie Sparling, became my mentor. I became President and attended 2 wonderful national conventions where I was fascinated with the power of parliamentary procedure. In addition, I am passionate about the Fellowship program which supports graduate education for women. Later, the Edison Company transferred me to Long Beach where I immediately joined the Long Beach Branch when the ERA became our major focus. I was President when we opened membership to men and helped the city sponsor an International Women's Conference. We published our first cookbook to support fellowships. I served on the state board when the Legal Advocacy Foundation was created, and was a part of the initial leadership training program created by Sharon Shuster and Mooneen Leece. According to our Yearbook, I am the first President to be listed by my name rather than my husband's.

FD – “My good friend Sharon Clunk introduced me to AAUW Long Beach in 1967. At that time we had a "Recent Grads" section (15 years from high school graduation) which all of us "youngsters" participated in. I made many good friends and had lots of fun. In addition, I attended Branch meetings and met many wonderful women.”

BO – “I knew about AAUW while I was at CSULB. I loved the name and what it stood for. The members were people I wanted to be around.”

MS – “I moved to the Bay Area and met a mother of my daughter's friends. The mother's name was Jean, was a good member of AAUW, and got me to join as well. My family moved to Long Beach, so I transferred my membership to this branch.”

Why have you maintained your 50 year presence in AAUW? EB – “I can hardly wait to get back on the campaign trail to finalize the adoption of the ERA. (During these 50 years my mother returned to CSUF to obtain her degree and join AAUW in Whittier under Jeanette Miller. She was active in the Richmond-El Cerrito Branch and became President of the Irvine Branch. So you see AAUW is in my blood.) My biggest reward in life is all my AAUW supporters like you.”

FD – “I have stayed in AAUW because of the Public Policy positions and the Educational Opportunity Fund of the organization. Due to my participation in many officer positions, attendance at conferences and branch meetings, my leadership skills have been developed. My education has consistently grown as there is always something new to learn about; but the best part has been the many friendships I've shared with empowered women through the years.”

BO – “Although I wasn't as active while during my working years and when I became a politician, I have always believed in the goals and purpose of the organization.”

MS – “My mom was born in 1883, when very few women went to college, but she attended Brown Institute and Columbia University. She brought me up to be a gung-ho woman. My father died when I was 12, leaving my mom a single parent with 4 children. She got a job teaching Home-Ec. Mom's family was 3,000 miles away.”

On behalf of the branch, we are grateful for the 5 decades of service and dedication these individuals have contributed to the mission of AAUW. Our most sincere congratulations to all four of you!

BRANCH INTEREST GROUPS

Joining an AAUW members-only interest group (or many) is a great way to get to know other members on a more personal level. Make friends while participating in fun, informative and educational activities.

To start a new interest group, submit a description to the President and it will be passed along to Ellen Mathis, Interest Group Coordinator, for help with implementation.

Reminder: All interest group participants MUST be AAUW Long Beach members. Guests may attend a meeting group or an interest group a maximum of three times before they are required to join AAUW. Interest groups are for the benefit of AAUW members.



Book Chat Plus Group members present the most interesting book they have recently read, film they have seen or the most exciting travel experience they have had. If time allows, all three! Light refreshments are served along with the intriguing conversation. We meet the 1st Tuesday at 10 a.m. Contact **Betty Thompson**, 562 - 430 - 8438 or bettythom@aol.com



Cultural Adventures Group plans trips to museums and other points of interest. It is usually a mid-week tour & lunch scheduled several times a year. Join a group that enjoys checking out museums and other cultural interests. Contact **Joan Gustafson** at 562-439-3130 or **Fay Denny** faydenny@yahoo.com See the May trip listing.



Great Decisions Group meets weekly to discuss, share opinions and ideas on a critical global issue. *To all Great Decisions Group members:* Great Decisions book information is available at the branch meetings. If you plan to participate, you may also contact a group coordinator or Contact **Julie Taboada** at 562-856-0709 or jutaboada@verizon.net



International Cuisine Group meets and dines at restaurants of different ethnicity in the local area. It is usually scheduled every few months on a Wednesday within an easy drive of LB. Car pooling is an option. Come join a group who enjoys unique flavors of the world. Contact **JoAnn Kuroda** at 562-429-6923 or email at sojoinlb@aol.com.



Literary Ladies Group meets to discuss and compare thoughts on a selected book, fiction or non-fiction. Each member takes a turn recommending and leading the group. The group comes together to hear thoughts and insights from others in the group. They meet the 2nd Monday of the month at 12:30 p.m. There is a maximum of 10 and a waiting list. Contact **Sharon Westafer**, 562-493-4749 if interested. The book selection for May is *One True Thing* by Anna Quindlen.



Public Policy meetings, explore, discuss and support the active legislative issues of AAUW, which underscore our mission of promoting equity and education for all women and girls. The group passes on knowledge and information to all branch members and encourage them to become involved with AAUW issues.

For the next meeting - Contact **Flo Pickett**



Residential Rentals Discussion Group meets the 3rd Wednesday of odd months year round from 10:00-11:30 am. Our next meeting in 2017 is being planned. Anyone with an interest in residential rental is welcome. We cover current landlord/tenant topics, share experiences and work to keep current in the housing industry all in an informal setting. Ellen Mathis and Joan Gustafson Co-Chair and invite you to check the group out.



Contact Ellen Mathis, 562-433-6509 or emathis@verizon.net to discuss ideas or details for meetings (what, where, time, etc.).

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AAUW Long Beach Branch

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in the organization, on the basis of gender, race, creed, age, sexual orientation, national origin or disability

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Member Name (s) _____

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Amount Enclosed _____

_____ (with REAL) reservation for meeting / program

_____ (NO REAL) reservation for meeting and
program only is \$10.00

_____ special request (Buffet / special for yourself)

Use a PayPal account/ send \$ to aauplongbeach@gmail.com
Select Family and Friends to avoid usage fee to the branch

NO RESERVATION needed

*A meal reservation is a financial commitment and
refunds shall not be made.*

AAUW BRANCH EVENT Saturday, May 13, 2017

2:00 - 4:00 pm Refreshments and Social

**Place: Home of Janice Furman
Park Estates, Long Beach 90815**

Refreshments by Donation

Price: Priceless!

Questions about the location?

Daphne Ching-Jackson
dchingjackson@verizon.net
or Pam Rayburn at
pam.rayburn@csulb.edu

