

EMPOWERING UNDERSERVED WOMEN

Saturday November 5, 2016



Sharon Westafer
Co-President

Join us for the November branch meeting when Nicole De La Loza Rivera will tell about her career and how a Career Development grant from AAUW helped her achieve her goals. Nicole is a career and talent development professional with over seven years of experience in nonprofit management and training and development. She understands soft and hard skills needed in order for individuals from underserved communities to advance in their careers, and is excited to cultivate these skills.



Nicole brings rich experience delivering audience-centered professional development programs in English, Spanish, and Swahili to individuals across diverse ages, origins, educational levels, and professions. Her accomplishments include: founding and stabilizing the Downtown Women's Center's first job development program; and developing and delivering trainings on international home design trends, in Swahili, for rural artisans in Tanzania. Nicole holds a M.A. in Nonprofit Management from Antioch University Los Angeles, and a B.A. from Michigan State University. She is a

recipient of the David Boren Fellowship and American Association of University Women Career Development Grant, and is a member of the Alhambra-San Gabriel branch. Awarded since 1972, AAUW Career Development Grants support women who hold a bachelor's degree and are preparing to advance or change careers or re-enter the work force. Join us at the November 5th meeting at the Leisure World Clubhouse 3. Reserve a space for the program and lunch that follows. Due to security at the gate, reservations must be made in advance to attend.

AAUW's Mission Statement: *AAUW advances equity for women and girls through advocacy, education, philanthropy and research.*

AAUW's Value Promise: *By joining AAUW, we belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.*

Branch News

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Courtesy

Best wishes to November birthdays!



1—All Saint's Day

5—Guy Fawkes Day

11—Veterans Day

24—Thanksgiving Day

Sympathy is extended to the family of Virginia Contarsy, past president (1967-1968). She recently passed away.

"Too often we have the comfort of opinion without the discomfort of thought."

~ John F. Kennedy

CALENDAR EVENTS

Meetings are the first Saturdays, except in Sept., January, March and May (changed to avoid holidays).

December 3* – January 7 – February 4 – March 9 (dinner)– April 1 — May 6* – June 3

* The December Wassail, held in the morning, and the May Garden Party, held in the afternoon, will be at private homes.

AAUW-LONG BEACH website:

www.aauw-longbeach.org



AAUW email address:

AAUWLongBeach@gmail.com

We're on Facebook!

www.facebook.com/aauwlongbeachca

Follow AAUW on

<http://www.linkedin.com/groups/AAUW-Long-Beach-CA-Branch-7001584/about>



SAVE THE DATE

Registration is now open for the **AAUW National Convention!** Join us June 14–17 in Washington, D.C., to lobby Congress, hone your leadership skills, and network with AAUW leaders.

EXECUTIVE COMMITTEE MEETINGS—All meetings will be held on the third Monday of the month, social time at 6:30pm with meeting at 7:00pm. All meetings will be at the Unitarian Universalist Church at Atherton and Bellflower Blvd. Room 2. Dates: Nov. 21, Dec. 15, Feb. 20 and April 19

FULL BOARD OF DIRECTORS MEETINGS—All meetings will be held on the third Monday of the month, social time 6:30pm with meeting at 7:00pm. Meetings will be at the Unitarian Universalist church, Room 2. Dates: Oct. 17, Jan. 16 and March 20



Has any of your contact information changed? Phone? Email? Address? Help us to keep you informed in a timely manner. Send your changes to Database Coordinator George Jackson, at georgeljackson@gmail.com or call 562-377-1670.

Send any Branch news or Courtesy items to Editor: Rebecca Low rlow1@hotmail.com



"If you don't vote, you can't crab!" ~ Lucy

Humorous advice given by a favorite *Peanuts* character; also it is in keeping with the October branch meeting featuring Nancy Mahr, state director and co-chair of the AAUW Public Policy Committee. She gave us a great opportunity to learn about many of the important Propositions on the November ballot and we were impressed at her ability to explain complicated issues and respond to audience questions with clear and concise answers. Remember to do your part in the upcoming election – you can make a difference! The Fall AAUW CA Perspective has the AAUW CA positions on the propositions if you would like further opinions.

Rick Archbold from Hearing Now U.S.A. "looped" the room at the Library, explained the system and provided the opportunity for attendees to experience how the Hearing Loop works for people with hearing loss.

It will be wonderful to hear first hand from an AAUW Grant recipient at the November meeting as we learn about her work toward equality and prosperity for underserved women. This is a wonderful opportunity to meet a woman who has benefited from an AAUW Fund endowment and what better time than when our Fund V.P.s are requesting donations to the Fund? Be sure to bring your checkbooks!



We have been asking for feedback regarding the branch meetings and are grateful for the thoughtful responses from those we've polled. In June, we received feedback regarding the meeting places and expense of the meetings for the year. This year's program committee is striving to respond to that feedback by providing a variety of venues, menu options and fees. They're doing a great job and we appreciate their efforts! There are bound to be issues with each meeting; that's part of the ongoing challenge. As always, we appreciate and carefully consider your opinions!

INTERNATIONAL CUISINE

November 9, 2016

PERIS RESTAURANT - American and Persian food

12155 Carson, Hawaiian Gardens

(Located in shopping center, northwest corner of Norwalk and Carson)

We will meet at 6 p.m. at the restaurant. (Carpool or find adequate parking in the shopping center parking lot.)
For questions and reservations contact Fay Denny
(714)894-0416, faydenny@yahoo.com or Joan Gustafson
(562) 439-3130, jwg221@aol.com.
Please plan to join us for our first dinner of the year.



Calling ALL Volunteers

It's that time of year again!

We are looking for volunteers to assist at the 14th AAUW Long Beach Science, Technology, Engineering, and Mathematics (STEM) Career Conference.

At this yearly Conference, women in STEM careers present workshops to middle-school girls to excite them about the possibilities of such careers and encourage them to attend college. Speakers already confirmed include a dietitian, chemical engineer, structural engineer, financial advisor, automotive production engineer, environmental scientist, nurse, sustainability engineer, and, new to the Conference, human factors psychologists.



Volunteers for this event are needed to take on tasks like facilitating speakers, helping with registration, preparing bags and refreshments, and, photographers! This year we are also seeking a Workshop Assignment Specialist - please contact Mary Lamo or Frances Rozner for details about this position. You will not be disappointed volunteering at this Conference.

The Conference is scheduled for Friday, February 24, 2017 from 4:30pm - 7:00pm. (volunteers arrive earlier!) at Long Beach City College (Liberal Arts Campus).

If you are interested in being a volunteer or have any questions about assisting at the STEM Conference, please email Darlene Daclan at darlene_daclan@yahoo.com or call at 562/673-6909.

New Members Join Our Branch



During September, we had the following four individuals join the Long Beach Branch. We extend a warm welcome and hope we will see them at our meetings and participating in our many activities:

Deidre Catalano, a Long Beach resident, is a graduate of the University of California, Riverside with a Bachelor's degree ('68), and is a business owner. She can be reached at catalanosmith@yahoo.com.

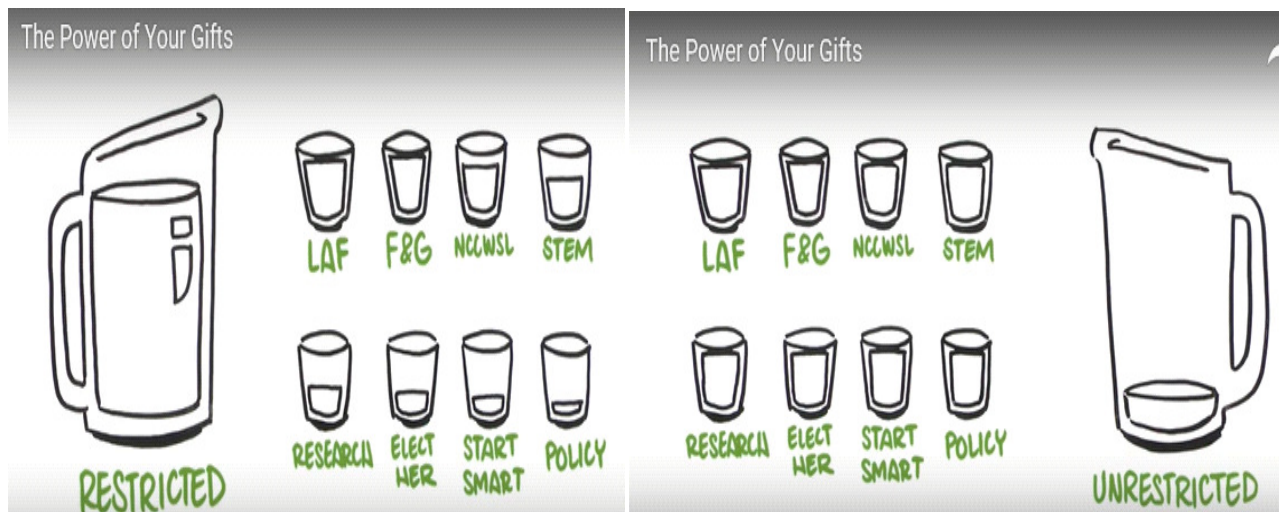
Christine Gilroy, a Long Beach resident, is a graduate of UC Berkeley with a Bachelor's degree in Criminology ('66), and a law degree from the John F. Kennedy School of Law ('83). She is a retired Deputy District Attorney for Stanislaus County. Recently, she relocated from Santa Rosa where she volunteered at the Humane Society, Santa Rosa Police Department, and the Family Justice Center. She can be reached at cgilroy.sr@gmail.com.

Karen Gustafson, a Long Beach resident, received her Bachelor of Arts degree in Film Studies from UCLA ('75) and retired from Nissan North America in a middle management position. She can be reached at karengust1@verizon.net.

Zhita Rea, a Long Beach resident, received her M.A. in English Literature from the University of Wisconsin ('59). She is active in the League of Women Voters and is the ESL Conversation Group Coordinator in the Long Beach Public Library, Mark Twain Branch. She can be reached at zhitarea@gmail.com.

HOW DOES THE (unrestricted) AAUW FUND WORK???⁵

The majority of AAUW's 1,000 separate fund codes identify our named, restricted funds, collectively called the AAUW endowment, which provide the support for AAUW's fellowships and grants. A few other fund codes denote smaller pools of restricted funds, spendable solely for specific programs, such as the Legal Advocacy Fund and research. Every other program receives full or partial funding from the AAUW Fund, which derives primarily from unrestricted contributions, with a small amount coming from dues and sponsorships. Unrestricted gifts make it possible for AAUW to respond quickly to new or unforeseen challenges facing women and girls, leverage and innovate mission-based opportunities, and attract new audiences by enabling us to expand our programs.



So for the **November Branch** meeting, bring your checkbooks to donate to any of your favorite and amazing programs. Stay **COMMITTED** to ensure the continuing impact of these programs!

EMPOWERING WOMEN
SINCE 1881

DONATE TO AAUW TODAY

BOARD BRIEF

Regular Board business was conducted at the September Executive Committee meeting. In business that was conducted between the July Board meeting and September Executive Committee meeting, the Executive Committee passed the following motion on August 5, 2016:

- Sharon Westafer moved that, by direction of the Finance Committee, \$270 be used from the Branch Outreach Fund to pay for the room at California Heights United Methodist Church on Saturday, September 10, 2016.



So inspiring—thank you to Lois Ledger and Nancy Mahr for the “Intro to Voting” at our last meeting. Are you ready to vote?

Public Policy group will meet on the 3rd Thursday, October 20 from 4:30 - 6:00 PM at Judith Bergquist home at 3241 N. Marna Ave in El Dorado Park Estates to discuss current issues of interest to women including the following topics:

"When Women Vote, they change the conversation." (see the Summer 2016 AAUW Outlook magazine "Every Vote is a Voice") and *"The Status of Women's Leadership"* (Spring 2016 AAUW Outlook magazine "It's 2016, So Why Aren't There More Women Leaders?") Check out these articles. Let's Talk!

See you there! Flo (RSVP's are nice—562-421-5348)

Long Beach Work Smart Pilot

Mary Lamo, Frances Rozner & Sharon Westafer

The Work Smart Pilot program is proceeding full speed ahead due to the outstanding efforts of our planning committee. We've discovered that this grassroots program implementation is just as new to AAUW as it is to our Long Beach branch. There has been a great deal of collaboration with National on marketing materials and program organization.

On September 17, Jesse Rauch, AAUW Senior Program Manager for Work Smart and Start Smart, visited Long Beach to hold a morning planning session with 11 of our AAUW LB Work Smart committee members, followed by a training for facilitators that afternoon. 20 women have been certified as facilitators.

Three pilot workshops have been scheduled, being held at three different times of the day, for various audiences. The final one, Saturday,



November 12, 10am – 12:30pm, is open to the public at the Third District Field Office, thanks to Third District Councilwoman Suzie Price. Registration is online at <http://www.aauw.org/work-smart-california/>. We have already met with three city councilpersons (Al Austin, Lenna Gonzalez and Suzie Price), Mayor Garcia, and the Senior Field Representative of Congressman Lowenthal, successfully eliciting various levels of support. More meetings with well-connected LB organizations are being planned. In addition, the CSULB Student Government Chief of Staff attended the facilitators' training to determine if Start Smart should be implemented on the CSULB campus.

BRANCH INTEREST GROUPS

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Joining an AAUW members-only interest group (or many) is a great way to get to know other members on a more personal level. Make friends while participating in fun, informative and educational activities.

To start a new interest group, submit a description to the President and it will be passed along to Ellen Mathis, Interest Group Coordinator, for help with implementation.

Reminder: All interest group participants MUST be AAUW Long Beach members. Guests may attend a meeting group or an interest group a maximum of three times before they are required to join AAUW. Interest groups are for the benefit of AAUW members.



Book Chat Plus Group members present the most interesting book they have recently read, film they have seen or the most exciting travel experience they have had. If time allows, all three! Light refreshments are served along with the intriguing conversation. We meet the 1st Tuesday at 10 a.m. Contact **Betty Thompson**, 562 - 430 - 8438 or bettythom@aol.com



Cultural Adventures Group plans trips to museums and other points of interest. It is usually a mid-week tour & lunch scheduled several times a year. Join a group that enjoys checking out museums and other cultural interests. Contact **Joan Gustafson** at 562-439-3130 or **Fay Denny** faydenny@yahoo.com Ideas welcome for Fall.



Great Decisions Group meets weekly to discuss, share opinions and ideas on a critical global issue. *To all Great Decisions Group members:* Great Decisions book information is available at the branch meetings. If you plan to participate, you may also contact a group coordinator or Contact **Julie Taboada** at 562-856-0709 or jutaboada@verizon.net



International Cuisine Group meets and dines at restaurants of different ethnicity in the local area. It is usually scheduled every few months on a Wednesday within an easy drive of LB. Car pooling is an option. Come join a group who enjoys unique flavors of the world. Contact **JoAnn Kuroda** at 562-429-6923 or email at sojoinlb@aol.com.
(See the November activity on page 3)



Literary Ladies Group meets to discuss and compare thoughts on a selected book, fiction or non-fiction. Each member takes a turn recommending and leading the group. The group comes together to hear thoughts and insights from others in the group. They meet the 2nd Monday of the month at 12:30 p.m. There is a maximum of 12, and a waiting list. Contact **Sharon Westafer**, 562-493-4749 if interested. The book selection for November is *Goodnight, Mr. Tom* by Magorian



Public Policy meetings, explore, discuss and support the active legislative issues of AAUW, which underscore our mission of promoting equity and education for all women and girls. The group passes on knowledge and information to all branch members and encourage them to become involved with AAUW issues.
For the next meeting on October 20 - Contact **Flo Pickett**



Residential Rentals Discussion Group meets the 3rd Wednesday of odd months year round from 10:00-11:30 am. Our next meeting in 2016 is being planned. Anyone with an interest in residential rental is welcome. We cover current landlord/tenant topics, share experiences and work to keep current in the housing industry all in an informal setting. Ellen Mathis and Joan Gustafson Co-Chair and invite you to check the group out.

NEW!

Contact Ellen Mathis, 562-433-6509 or emathis@verizon.net to discuss details for meetings (what, where, time, etc.).

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AAUW Long Beach Branch

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in the organization, on the basis of gender, race, creed, age, sexual orientation, national origin or disability

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RESERVATION RETURN FORM

Send this registration and check payable to AAUW L B
to Lee Tsao 4306 Fairway Drive Lakewood, CA 90712

lee.tsao@hotmail.com

Member Name (s) _____

Phone _____

Amount Enclosed _____

_____ reservation for meeting, program and
enclosing the payment for Lunch
_____ reservation for meeting and program only
(NO MEAL) Meeting cost is \$5.00

*** Due to security at the Leisure World gate,
reservations must be made in advance to attend.

Pay by credit card using Pay Pal at aauw-longbeach.org
If using PayPal, select Family and Friends to avoid the
usage fee to the branch

***Reservations need to be made and
paid by October 29***

*A meal reservation is a financial commitment and
refunds shall not be made.*

AAUW BRANCH MEETING Saturday, November 5, 2016

9:30 a.m. Mix 'n' Mingle
10:00 Meeting
10:30 Program
11:30 Lunch Catered by Baja Fresh
"Customized Taco Bar"
Beef, Chicken and Veggie Tacos
Lettuce, Cheese, Guacamole, Pico de Gallo,
Spanish Rice, Refried and Black Beans, Corn
and Flour Tortillas, Chips and Fresh Salsa
Brownies for dessert - coffee, tea, water and sodas

Place: **Leisure World Clubhouse 3—Rm 1**
13533 Seal Beach Blvd.
Seal Beach, CA 90740

Price: \$13.00
Meeting Only: \$5.00

Questions about the location?

Daphne at dchingjackson@verizon.net
or Pam Rayburn at pam.rayburn@csulb.edu