

Time to Get Engaged!



Mary Lamo and Valerie Little
Co-Program Vice-Presidents

Saturday September 12, 2015

Deborah Deras, M.S., C.R.C., a renowned productivity and leadership expert, will be the featured speaker at the September 2015 meeting of the Long Beach branch of the American Association of University Women (AAUW). Ms. Deras will be speaking on the topic of "Networking and How to Optimize Energy, Prioritize Time, and Maximize Potential." Ms. Deras' book, *"Confessions of an Adrenaline Addict: How to Achieve More with Less Effort,"* has inspired several dynamic programs that have empowered thousands worldwide to improve leadership skills, emotional intelligence, and overall productivity. Her energetic presentations engage business professionals and college students by delivering a clear, focused message.



Ms. Deras is an expert contributor for Latina and Catalina magazine and is a freelance writer for Immigrant Magazine and Conscious Inspired Living Magazine. She also received the National Latina Business Women's coveted Entrepreneur Award and was nominated three consecutive years by the Latin Business Association for Entrepreneur of the Year.

This presentation will help AAUW Long Beach meeting attendees focus on the tools and techniques needed to connect and engage with others within and outside of our organization to maximize our greatest potential for success as an organization.

All attendees will also have the opportunity to learn more about the various programs that AAUW Long Beach offers from our annual summer Tech Trek math and science camp for eighth grade girls to our impactful interest groups. We will also spotlight our AAUW Fellowships Fund and AAUW Legal Advocacy Fund. AAUW Long Beach members are asked to bring a friend or anyone you feel would benefit from attending and partaking in the AAUW mission of "the nation's leading voice promoting equity and education for women and girls."

The AAUW Long Beach branch meeting will take place on **Saturday, September 12, 2015** at the Old Ranch Country Club, 3901 Lampson Avenue, Seal Beach, CA 90740. Continental breakfast will start at 9:00 a.m., followed by the program at 10:00 a.m., and continue at 11:00 a.m. with the business meeting. We look forward to seeing you.

AAUW's Mission Statement: *AAUW advances equity for women and girls through advocacy, education, philanthropy and research.*

AAUW's Value Promise: *By joining AAUW, we belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.*

Courtesy

Best wishes to SEPTEMBER birthdays!

5—Selichot

7—Labor Day

11—Patriot Day (Sept 11)

13—Rosh Hashana (Start)

21—International Day of Peace

23—Fall Begins

It is with great sadness that we share with you the passing of former branch president, Betty Ann Rauch.

Be slow to fall into friendship; but when thou art in, continue firm and constant.

~ Socrates



CALENDAR EVENTS

All meetings are the first Saturdays, except in January and May (changed to avoid holidays). All speaker-with-business meetings will be held Saturday mornings at the Old Ranch Country Club in Seal Beach – 9am to noon.

September 12 – October 3 – November 7
December 5 * – January 9 – February 6 – March 5 – April 2
May 14 * – June 4

* The December Wassail, held in the morning, and the * May Garden Party, held in the afternoon, will be at private homes.

AAUW-LONG BEACH website:

<http://longbeach-ca.aauw.net/>

AAUW email address:

AAUWLongBeach@gmail.com

We're on Facebook!

<https://www.facebook.com/aauwlongbeachca>

Follow AAUW on



SAVE THE DATE for our **7th Annual Authors Luncheon** to be held on **Saturday, October 24, 2015** at Old Ranch Country Club.

Attention Interest Groups: The Authors Luncheon - *Luncheon Most Deadly* - is looking for Silent Auction baskets. We hope your interest group is willing to put together a basket of new, interesting items. You choose the theme of your basket and the value of the items you are submitting. Please let Judith Kaho, chair of the Silent Auction items, know about your basket. Judith's phone number is 562-429-2790 and her email is gakjmk@aol.com.
Fay Denny, Chair Authors Luncheon

EXECUTIVE COMMITTEE MEETINGS—All meetings will be held on the third Monday of the month, social time at 6:30pm with meeting at 7:00pm. All meetings will be at the Unitarian Universalist Church at Atherton and Bellflower Blvd. Room 2.
Dates: August 17 – September 21— November 16— December 14*— February 15— April 18. (*second Monday)

FULL BOARD OF DIRECTORS MEETINGS—All meetings will be held on the third Monday of the month, social time 6:30pm with meeting at 7:00pm. Meetings will be at the Unitarian Universalist church, Room 2. Dates: October 19—January 18—March 21 – May 16



Has any of your contact information changed? Phone? Email? Address? Help us to keep you informed in a timely manner. Send your changes to Database Coordinator George Jackson, at georgeljackson@gmail.com or call 562-377-1670.

Send any Branch news or Courtesy items to Editor: Rebecca Low rlow1@hotmail.com

President's Message

Frances Rozner – President



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Welcome to the 2015-2016 AAUW Long Beach year of Engagement. Our theme focuses on how we can be even more deeply engaged in advancing equity for women and girls in our local community and in the world. Our membership is amazing – we're educated, diverse and active in many ways – together we have so much potential to move women closer toward equity.

The Board has already been very engaged over the summer in all things operational. Four of us attended the AAUW National Convention in San Diego in June and came back enthused about the AAUW focus. One Great Decisions group met again to discuss international issues. Other members attended the Singin' in the Rain fundraiser for EOF in July, and 20 Board members were engaged in a lively Board Retreat.

The Objectives for the Branch this year are:

- * Increase equity for women and girls in our local community through active member engagement;
- * Promote AAUW's mission in all programs and activities, communications and PR outreach;
- * Increase membership by retention through greater involvement and recruitment with greater member assistance; and,
- * Ensure ongoing effective branch operations.



Your Program Committee met in June and has developed a new branch meeting format designed to provide programs which are interesting and of value to members in a venue that will entice others to join, and will allow branch business to be handled most effectively - with the overarching goal of making people feel welcome, included, involved, and with time to socialize. Your Membership Committee also met, to strategize how the branch can best increase a net annual membership gain.

Upcoming engagement opportunities abound. On **August 26**, 5:30 pm to 7:00 pm, AAUW is cooperating with Congressman Alan Lowenthal and the local League of Women Voters in a celebration of the 95th anniversary of women winning the right to vote. Join us at Long Beach City Hall, Equality Plaza, 333 W. Ocean Blvd. - bring all the like-minded individuals you know. We also have the AAUW-CA Sparks Game on **September 6** at which to show our support for Title IX. Flo Pickett has details in her Public Policy announcement.

You can engage by bringing a friend to see who we are at the branch meeting on **September 12**, all about networking with purpose and AAUW Long Beach. Engage with our newest members. Engage philanthropically: attend Luncheon Most Deadly on **October 24**. So many ways to be engaged in our mission - with more to come!



See the Public Policy Article for more information about attending this event.

Membership Summary for FY 2015-2016: We are happy to report that four new members have joined our AAUW branch so far since the summer began. As new Co-VPs of Membership, Mina and I would like to thank everyone for helping us navigate this position and helping us recruit new members. We greatly appreciate your support and look forward to informing everyone about the new members we receive from your family and friend referrals.

New Members: We welcome four new members who have joined us in the past month. Please, look for them at our meetings and at our interest groups and reach out to invite them to become involved in our many programs and activities.

Julie Stindt: She graduated from Wayne State University with her BA in 1958, then received her MA in Arts and her PhD in Education Administration in 1968 from the University of Michigan. She has been the President and Provost of a number of community colleges in Michigan, and later moved to San Diego where she was the Superintendent and President of Southwest Community College.

Anne Ingalls: She graduated from University of Illinois with her BS in 1978, and then received her degree in law in 1983 from the Loyola Law School. She's a retired attorney who worked for the LA District Attorney's Office prior to retiring. She has been involved with Bowers Museum

Vera Thomas: She graduated from the University of California, Berkeley with a BA. She is retired but does property management. She was the Tech Chair VP and then President of the Parent's Association of Connelly High School in the past.

Ana Jimenez: She graduated from Yale University with her BA in 2001 and is currently the Director of Finance and Operations at Westerly School in Long Beach.

Membership Committee Meeting: Our first Membership Committee meeting took place August 4th at our president, Frances Rozner's home. We discussed our recruitment strategies for the upcoming fiscal year. We're connecting more with CSULB and the student affiliate chapter on that campus. There are still quite a few members who have not yet renewed their membership. Please, do so at your earliest convenience. We will be contacting everybody as a reminder.

From the AAUW National NEWS: Nominate an AAUW branch or member to be a Title IX Champion by sending a brief summary of the nominee's Title IX work and a picture of the nominee or Title IX event to laf@aauw.org. Title IX Champions receive an e-award to display on their branch's website, and their stories will be posted on the AAUW Title IX Champions [page](#). To nominate a champion for our next round of awards, submit the summary and photo by November 10, 2015. Nominate a champion today! We are proud that branch member **Cacilia Kim** is already an AAUW Title IX Champion and made a presentation on Title IX at this year's National convention in San Diego.



Public Policy resumes meeting on **Thursday, Sept. 17** from 5:30 - 7 PM at the home of Shelley Arnold in Lakewood. RSVP or questions to Shelley or Flo – call or email us. Let's start the year off with a discussion of Title IX* and its significance to educational opportunities for girls and women. Think STEM and 2015 Women's Soccer Cup!

For a warm up to the Title IX meeting, join a crowd of AAUW-CA members at the LA SPARKS final game of the season on **Sunday, Sept 6** from 12:30-4:00 PM. We will car pool or Blue Line it to the Staples Center - a group outing for a good cause and a good time! Contact Flo, Shelley, or Frances (by August 20 if you want to join a group) for additional info and details. Contact Caylah Chambers, 310-739-2735, for individual AAUW-CA tickets.

Game starts at 2 PM-ends at 4 PM Tickets: \$16 in Section 116 Rows 7-15 or \$32 in Section 117, Row 11-18.

Attend the Title IX Reception/Seminar at 12:30 in the private Lexus Room.

All friends of AAUW, equality for women and girls and Title IX are welcome. See you at the game!

Contact Shelley Arnold email: shelleyarnold1@aol.com
4211 Marber Ave, Lakewood, 90713.



Luncheon Most Deadly

An American Association of University Women Long Beach
branch fundraiser for fellowships and research and projects grants.

Date: Saturday, October 24, 2015

Time: Check-in begins at 11:00 a.m. Lunch at 12:00 noon.

Place: Old Ranch Country Club - 3901 Lampson Ave, Seal Beach, CA 90740

Cost: \$60 per person (of which \$30 is tax-deductible). Includes luncheon, program, silent auction, book sales and signing.

Old Ranch Country Club dress code is in effect: No jeans, denim, or strapless tops.

Terri Nolan



Terri Nolan is California born and raised. She grew up in the San Gabriel Valley and attended the University

of Texas at Arlington, earning a B.A. in Communications in Radio and Television. She lives in Southern California and has been lucky to have had a well-rounded business background in radio, high-end retail, oil, art, and freelance reporting. She's married and has two children. Her titles include *Glass Houses*, *Burden of Truth*, and *Murder in La-La-Land*.

www.terrinolan.com

Laurie Stevens



Laurie Stevens is an award-winning novelist, screenwriter, and playwright. She has written for television,

film, and her stage play "Follow Your Dreams" ran for eight weeks in Los Angeles. Her Gabriel McRay books have become best-sellers and have won multiple awards. She lives in the Santa Monica Mountains outside of Los Angeles with her husband and two children. Her books include *The Dark Before Dawn*, *Deep Into Dusk*, and *Last Exit to Murder*.

www.laurestevensbooks.com

Alice Zogg



Alice Zogg was born and raised in Switzerland. She met her husband in New York City and made her home in the

United States. The family relocated to Southern California in 1967, where they have resided since. La Crescenta has been the author's hometown for over 40 years. Her writing style favors the modern "Old-fashioned" whodunk featuring her investigator, R. A. Huber, in a series of adventures including such titles as *A Bet Turned Deadly*, *Guilt or Not*, and *The Fall of Optimum House*.

www.aliczogg.com

AAUW Long Beach: www.aauw-longbeach.org

Luncheon Most Deadly

RSVP By October 16, 2015

Name: _____

Address: _____

Phone: _____ Total amount enclosed: \$ _____

Please seat me with: _____

(We will try to seat you together, tables seat eight. Use back of form if you need more space.)

Special dietary needs or seating needs: _____

Make check payable to AAUW Funds, and mail this form to:

Sharon Westafer, P.O. Box 291, Seal Beach, CA 90740. Phone number: 562-493-4749



All of the following motions passed.

May 18, 2015 Joint Board of Directors Meeting

2015-2016 Appointed Officers

Frances Rozner moved that the Board of Directors approve the following 2015-2016 Appointed Officers: Administrative Assistant, Darlene Daclan; Communications Co-Director, Gail Morrison; Communications Co-Director, Brittani Santini-Bolanos; Financial Secretary (2 year), Margaret Huebner; Meetings Co-Coordinator, Pam Rayburn; Meetings Co-Coordinator, Lindsay San Miguel; Membership Treasurer (2 year), Denise Montoya; Parliamentarian, Leah Sakacs; Public Policy Director, Flo Pickett. The motion was seconded by Darci Fersch. The motion passed.

June 6, 2015 Branch Meeting

Updates to Standing Rules

Frances Rozner moved that Standing Rule, Finance, 3c, "The AAUW Long Beach Endowment Fund Administrative Procedures may be amended with the approval of the Board of Directors and Branch membership." be deleted. [It is a duplication of Policies and Procedures, AAUW Long Beach Branch Endowment Fund(s) Administrative Procedures, 8j, "These procedures may be amended with the approval of the Board of Directors and Branch membership."] The motion was seconded by Del Clarke.

The motion passed.

Frances Rozner moved that Standing Rule, Finance, 3d, "The Branch Investment Policy may be amended with the approval of the Board of Directors and the Branch membership." be deleted from the Standing Rules and moved to Policies and Procedures, Long Beach Branch Investment Policy, becoming iii under subsection h. Approval. The motion was seconded by Del Clarke. The motion passed.

Convention Fund

Frances Rozner moved that, by direction of the Executive Committee, Budget (b) in Policies and Procedures be amended, to read: The Convention Fund may pay for travel, registration, lodging and food stipend, for the President-Elect when attending state and national conventions. The same may be paid for the current President when attending the state convention. In odd-numbered years, for as long as the AAUW National Convention is biennial, the Convention Fund may also pay for travel, registration, lodging and a food stipend, for the incoming President-Elect. The motion passed.

Endowment Funds

Pat Ferrer moved that, by direction of the Board of Directors, the Endowment Interest earned (exclusive of that for the Connie Inskip Leadership Award) for FY 2014-2015, be placed in the Endowment Interest holding fund to be used for a future major project of the Branch. The motion passed.

CD Renewal

Deloris Mayuga moved that, by direction of the AAUW Board of Directors, when the CD matures, the \$83,000 in the Endowment Fund be rolled over into two, one-year Certificate of Deposits at a bank. 33,000 would remain as the Endowment Fund. \$50,000 would be returned to its source, the Building Fund. All accumulated interest should be moved to the Endowment Holding Fund in the Bank of America checking account. The motion passed.

Investment Policy Amendments

Deloris Mayuga moved that, by direction of the AAUW Board of Directors, the Policies and Procedures be amended as follows: Policy 10.b.ii – delete sentence referencing appendix "A"; Policy 10.d.ii – delete sentence referencing appendix "A"; Policy 10.e.ii – change percentages to 1. Equities (30-50%) 2. Fixed Income (50-70%); Policy 10.i – delete Appendix A, and Policy 10.j change number to 10.i. The motion passed.

Budget

Daphne Ching-Jackson moved that, by direction of the Board of Directors, the Branch approve the 2015-2016 operating budget as presented. The motion passed.

AAUW Fund Luncheon in Southern California

Sunday, October 18, 2015

The AAUW CA Fund Committee invites you to celebrate and honor the 2015-2016 California Fellowship and Grant Recipients. (SOUTHERN CALIFORNIA)

\$40 per person 12 noon to 3:p.m (Registration 11:30 a.m.) Irvine Marriott Hotel

Make your reservation online now! www.aauw-ca.org or mail the reservation form with your check to AAUW CA, 1331 Garden Highway, #100, Sacramento, CA 95833

Contact **Sharon Westafer** if you have questions. RSVP Deadline: **October 6**

BRANCH INTEREST GROUPS

Joining an interest group (or many) is a great way to get to know other members on a more personal level. Make friends while participating in fun, informative and educational activities. To start a new interest group, submit a description to the President and it will be passed to Ellen Mathis, Interest Group Coordinator for help with implementation.

Antiques and Collectibles, led by **Judith Kaho**, meets several times a year to share their love and appreciation of beautiful/interesting antiques, historical family items and collectables. Light refreshments are served by the hostess, sharing and conversation ensues; held at various homes or at a local retailer. Contact **Judith** at 562-429-2790.



Book Chat Plus Group members present the most interesting book they have recently read, film they have seen or the most exciting travel experience they have had. If time allows, all three! Light refreshments are served along with the intriguing conversation. We meet the 1st Tuesday at 10 a.m. Contact **Betty Thompson**, 562 - 430 - 8438 or bettythom@aol.com



Bridge Group plays at the Petroleum Club in Long Beach on the second Friday from 9:30 - noon. To inquire about a seat at the group meeting, contact **Cathy Cunningham** at 562-424-3166; catherine_j_cunningham@yahoo.com.



Cultural Adventures Group plans trips to museums and other points of interest. It is usually a mid-week tour & lunch scheduled several times a year. Join a group that enjoys checking out museums and cultural interests. Contact **JoAnn Kuroda** at 562-429-6923 or email at sojoinlb@aol.com. Ideas welcome.



Great Books Group reads from an anthology published by the Great Books Foundation. It includes philosophy, poetry and fictional writing of prize winning and world renowned authors. Contact **Linda Patten** at 562-402-6831



Great Decisions Groups meetings are held in February and March. Members prepare by reading one chapter of the *Great Decisions* book; published by the Foreign Policy Association, about a situation of world importance. The self-moderated group meets to discuss the pros, cons, and issues of important topics. Each participant is encouraged to bring other sources of information. Everyone gets a turn/or pass, no one is "wrong" and all opinions are respected. One of the groups meets year round to discuss foreign policy. Each person pays for a copy of the book.



Contact Julie Taboada at 562-856-0709 or jutaboada@verizon.net.

International Cuisine Group meets and dines at restaurants of different ethnicity in the local area. It is usually scheduled every few months on a Wednesday within an easy drive of LB. Car pooling is an option. Come join a group who enjoys unique flavors of the world. Contact **Joan Gustafson** at 562-439-3130. The next adventure is being planned.



Literary Ladies Group meets to discuss and compare thoughts on a selected book, fiction or non-fiction. Each member takes a turn recommending and leading the group. The group comes together to hear thoughts and insights from others in the group. They meet the 2nd Monday of the month at 12:30 p.m. There is a maximum of 12, and a waiting list. Contact Sharon Westafer, 562-493-4749 if interested. The September selection is *The Boys in the Boat* by Daniel James Brown.



Public Policy meetings, explore, discuss and support the active legislative issues of AAUW, which underscore our mission of promoting equity and education for all women and girls. The group passes on knowledge and information to all branch members and encourage them to become involved with AAUW issues.



The next meeting will be **Thursday, Sept. 17** from 5:30 - 7 PM

Contact **Shelley Arnold** email shelleyarnold1@aol.com 4211 Marber Ave, Lakewood, 90713.

Residential Rentals Discussion Group meets the 3rd Wednesday of odd months year round, from 10:00–11:30 am. The 2015 dates are: May 20, July 15, Sept 16, and Nov 18. Anyone with an interest in residential rentals is welcome. We often have a topic/issue, share recent landlord experiences and work to keep current in the housing industry, in an informal setting.



An email or call to **Joan Gustafson** or **Ellen Mathis** lets us expect you.

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AAUW Long Beach Branch

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in the organization, on the basis of gender, race, creed, age, sexual orientation, national origin or disability

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RESERVATION RETURN FORM

Send this registration and check payable to AAUW L B to **Judith Kaho**, 2790 Vuelta Grande, LB, CA 90815 562-429-2790

Member Name (s) _____

Phone _____

Guest / Note _____

Amount Enclosed _____

_____ reservation for the meeting and program only
(NO MEAL)

RSVP by September 3

A meal reservation is a financial commitment and refunds shall not be made.

AAUW BRANCH MEETING Saturday, September 12, 2015

9:00 a.m. Continental Breakfast/Social
10:00 a.m. Program
11:00 a.m. Business Meeting

Place: Old Ranch Country Club
3901 Lampson Avenue
Seal Beach, CA 90740

Meal: Pastries, yogurt, granola, fruit
Coffee, Tea, Iced Tea, Orange Juice

Price: \$23.00 per person

Questions about the location?

Lindsay San Miguel
lsanmig1@hotmail.com

or Pam Rayburn at
pam.rayburn@csulb.edu

